

# Alzheimers and Memory **Café**

Presented by Central Virginia Alliance for Community Living in partnership with the Alzheimer's Association® of Central & Western Virginia

**Art \*Friendship\* Joy\* Laughter \* Music \*Fun**



## Central Virginia Alliance for Community Living

501 12th Street  
Lynchburg, VA 24504  
Community Room

Second Wednesday  
of the month  
10:30-12:00

**Build a support system with people who understand**

- Memory Cafés offer a fun and relaxed way for people living with the early stages of memory loss and their care partner to get connected with one another through social events that promote interaction and companionship.
- This is a safe place where the care partner can receive information while connecting and sharing with other people in similar situations.
- The bonds formed in Memory Cafés often last throughout the continuum of the disease and become an additional support for those involved.

**CALL JULIE AT 434-385-9070 EXT. 123 TO REGISTER**

**WE LOOK FORWARD TO SEEING YOU**



alzheimer's  association®

Central & Western Virginia Chapter

**434-385-9070**

**CVACL.ORG**