

# Amherst County Recreation Dept

## 2022 Spring Soccer Program

### *Information and details that you need to know about registering your child*

If you want your child to have the best chance to have a good experience this season, then one thing that you will want to do is make sure your child participates in the Scouting Combine. Ensuring that your child attends the "Scouting Combine" greatly assists the coaches to assemble balanced teams. This is not a try out but merely a chance for the coaches to get familiar with the players and their skill levels. The combine is only for the U10, U12 & U15 divisions. The players will be split into random groups and will play several short games on a small sized field. This greatly helps the volunteer coaches to assemble balanced teams. Having balanced teams can reduce the possibility of lopsided games. Unbalanced teams tend to short change everyone. The winning team is not really challenged and thus they are less likely to reach their potential. The losing team in some cases can become disheartened and loose interest, which also prevents them from reaching their potential

- Having balanced teams equates to more exciting games.
- Working together with different talent levels teaches teamwork principles
- More exciting games lead to players wanting to and actually working harder.
- Working harder will bring a sense of accomplishment and pride.
- Accomplishment and pride will spill over and have a positive impact on their daily lives.

Once the teams are determined, the coaches will reflect back on the combine to begin planning their practices to help the players to improve upon the areas that they are weak in, as well as to strengthen the areas that they are already strong in. Players who don't attend the combine regardless of the reason will still get on a team, but not being there will likely have a negative impact on the entire age group, as the coaches will not have the opportunity to assess the player. We strive for each team to have an equal number of players and to keep the number of players on each team to a minimum. The goal is to give each player ample opportunities to learn & grow.

### **Important Details for Parents regarding the Scouting Combine beginning the week of 3/12/22**

1. This is a **rain or shine** event that should take about 60 minutes. Weather permitting, we will be on the soccer field @Coolwell. *In the event we need to cancel, then the makeup date for the scouting combines will be during the week beginning Mon 3/14/22. Be sure to call 434-946-9371 after 4:30 pm on weekdays, after 7:30am on Saturdays and after 12pm on Sundays to confirm if the event is going on as scheduled.*
2. When you arrive look for the registration table where ALL players need to get their pre-assigned number.
3. **Shin guards are required** for the Scouting Combine as well as for all practices and games.
4. Once the team assignments have been determined, you will be contacted by your coach and he will let you know the time of the first practice. The rosters & schedules will be posted on the county's web site.
5. **All** teams will be scheduled to have their first practice on **Sat 3/19/22**

Division/Ages	Find the Year of birth to determine which division that is age appropriate for your player.	Do you need to Attend one of the Scouting Combines?	Last day to Register 2-25-22 Fee
U6- 4 & 5, Co-Ed	2016 & 2017	No	\$50
U8 – 6 & 7, Co-Ed	2014 & 2015	No	\$60
U10 – 8 & 9, Co-ed	2012 & 2013	Yes – @9:00 am on 3/12/22	\$60
U12 – 10 & 11, Co-Ed	2010 & 2011	Yes – @11:00 am on 3/12/22	\$60
U15 – 12,13 & 14, Co-ed	2007 2008 & 2009	Yes – @1:00 pm on 3/12/22	\$60
U18 – 14, 16 & 17, Co-Ed	2004,2005 & 2006	Yes – @3:00 pm on 3/12/22	\$70

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## 2022 Spring Soccer Program

**PURPOSE:** The purpose of the Amherst County Recreation & Parks Department's Youth Soccer program is to give the youth of the county the opportunity

- To participate in a team sport
- To learn the skills and rules of soccer
- To learn to use good sportsmanship, have fun, and meet new friends

Each coach is required to play every player 50% of each game. The intent is to help each player to grow individually as well as to learn to work together as a team. We are fortunate to have many wonderful coaches. Some coaches have invested much of their own time to become certified. While these coaches may know a lot about soccer, they may not have had the chance to get to know any of the players prior to forming a team. The Recreation Department is holding a Soccer Scouting Combine. Please see the opposite side for more details on the Scouting Combine.

### **INFORMATION**

- Coaches:** Our program couldn't exist without volunteer coaches like you. Please let us know if you would be available to help. We encourage and offer on-line coaching classes to our coaches at no charge.
- Fields:** Most practices and games will be held at Coolwell Recreational Park. Depending on the number of U15 & U18 teams, the U15 and U18 division may need to play half of their games at other nearby localities.
- Age limit:** Each Division is made up of specific age groups and a player will be placed into a division based on their year of birth.
- Registrations:** You can register at the Recreation Dept. Monday - Fridays 9:00am-4:30. You can also register on-line at [www.CountyofAmherst.com](http://www.CountyofAmherst.com).
- Uniforms:** All players are given a team shirt and socks. Be sure that you specify the correct shirt size when registering. If you find that you ordered the wrong size then to get another shirt you will need to pay an **additional cost of \$15.00 and any expedited shipping costs**. When specifying the shirt size, we suggest ordering one size larger than you normally would wear, as this may allow extra room to wear warmer layers under their jersey.
- SHIN GUARDS:** ARE REQUIRED These are worn for player protection, on the shins, under the socks. They are required for all practices & games. They can be purchased at stores in our community.
- Shoes:** Soccer cleats are recommended for older players (8 & up). Make sure your shoes DO NOT have a cleat right under the tip of the shoe, as in baseball or football shoes. This is a danger to other players if they get kicked. Players must use soccer cleats.
- Insurance:** The Amherst County Recreation & Parks Department does not carry insurance on players, coaches, or volunteers, or spectators. Parents/guardians are responsible for the cost of any and all medical bills relating to any injuries.
- Refunds:** If you email or write to us by or on 3/19/22 regardless of the reason, we will gladly issue a full refund. **No refunds will be given after 3-19-22 regardless of reason, unless there aren't enough players to form a division.**

Amherst County Recreation has adopted the return to play guidelines as outlined on the following page. For more information about the program & for practice schedules please visit [www.CountyofAmherst.com](http://www.CountyofAmherst.com)

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## COVID GUIDELINES

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### Player/Participant Protocols:

1. No Spitting
2. No Food or drinks allowed in the gym; only participants can bring water bottles in the gym and they must have their names on it. No sharing water bottles.
3. All participants should wash or sanitize any equipment and uniforms prior to use and after use.
4. Participants who have had a fever or cold symptoms in the previous 48 hours are not allowed to participate or take part in workouts, practices or games. If you are or have been sick stay home.
5. Participants when not directly participating in practices or games must maintain social distancing from each other where practicable.
6. Cover you face if you sneeze or cough.
7. Wash/sanitize hands frequently and they should wash a minimum of 20 seconds with ward water and soap before attending practices and games.
8. All participants while inside the school facilities and gyms must wear a mask including on the bench. The only exception is when they are on the court practicing or playing a game. Once they come off the court they must put their mask on.

### Coach Protocols:

1. A record must be kept of all participants present for every practice and game.
2. All equipment should be cleaned an sanitized before and after every use.
3. Each participant and player should be asked if they have had a fever or had cold symptoms in the past 48 hours prior to practicing or playing the game. Anyone experiencing a temperature of 100.4 or higher and having cold symptoms may not participate.
4. Coaches must wear a mask while inside the school facilities and gyms at all times. participate or take part in workouts, practices or games. If you are or have been sick stay home.
5. Social distance from all participants where practicable.
6. Make sure you face is covered when sneezing or coughing.
7. Wash/sanitize hands frequently and they should wash a minimum of 20 seconds with warm water and soap before attending practices and games.
8. All games teams should line up and say good game but not have any physical contact(handshakes, hight fives, etc).

### Parent/Spectator Protocols:

1. Stay home when you or anyone in your household is sick, has a fever of 100.4 or higher.
2. Maintain a proper social distance as much as possible. must have their names on it. No sharing water bottles.
3. No handshakes, hugs, etc. of anyone other than family.
4. Wash/sanitize hands frequently and they should wash a minimum of 20 seconds with ward water and soap before attending practices and games.
5. All parents and spectators must wear a mask while in school facilities and gyms at all times

**The Recreation Department will continue to follow guidelines from Federal, State and Local officials and will change program guidelines accordingly.**