Monensu Things to Do and Places to See

AMHERST

Sept 2018 - Feb 2019



CONCERT SEASON



LIYA STRING QUARTET Sunday, October 21, 2018 at 4 pm At Emmanuel United Methodist Church, 401 N. Main St., Amherst, VA 24521

LIYA will play Wolfgang Amadeus Mozart's *Prussian Quartet 590* and Bohemian composer Bedfinch Smetana's *String Quartet No. 1*. Performers are Christi Salisbury and Yevgeniy Dovgalyuk, violins; Domenico Luca Trombetta, viola; and David Feldman, cello.



ALKEMIE: LOVE TO MY LIKING

Sunday, November 4, 2018 at 4 pm At Amherst Presbyterian Church, 163 Second St., Amherst, VA 24521

Tracy Cowart (mezzo-soprano and harp), Elena Mullins (soprano and percussion), Sian

Ricketts (soprano and recorders), David McCormick (vielle), and Niccolo Seligmann (vielle and percussion). Trouvères and troubadours of 13th-century Northern France created these captivating works of song and poetry.



PEACE AND JOY TO THE WORLD

Friday, December 14, 2018 at 7:30 pm At Ascension Episcopal Church, 253 South Main St., Amherst, VA 24521

An evening of Christmas music by LIYA String Quartet with choir and audience participation.





WINTERREISE

Sunday, February 10, 2019 at 4 pm At Emanuel United Methodist Church, 401 N. Main St., Amherst, VA 24521

Winterreise D 911 (Winter Journey) is a song cycle for voice and piano by Franz

Schubert. It is set to 24 poems by Wilhelm Müller. This performance will feature tenor Scott Williamson and pianist Melia Garber.



BEREGOVSKI SUITE: Alicia Svigals & Uli Geissendoerfer

Saturday, March 2, 2019 at 7:30 pm At Agudath Shalom Synagogue, 2055 Langhorne Rd., Lynchburg, VA 24501

The suite is based on 1930's Klezmer (Eastern European Jewish) music from the Ukraine. Alicia Svigals, well-known klezmer fiddler and a founder of Grammy-winning Klezmatics, has collaborated with artists Itzhak Perlman, and Led Zeppelin's Robert Plant and Jimmy Page. Uli Geissendoerfer is a Grammy-nominated jazz and world music pianist and composer. In their Beregovski Suite, the duo perform melodies rescued by Soviet Jewish Ethnomusicologist Moishe Beregovski in settings that both recreate the lost world which gave them birth, and recontextualize them for the 21st century.

COFFEE AND JAZZ EVENINGS

6:30-8:30 pm AGAR Events at Second Stage Amherst, 194 Second Street, Amherst, VA 24521

Music, coffee, sandwiches, and pastries at Second Stage Amherst. Cover fee \$10. Includes one cup of coffee or soda, with food for purchase.

- Saturday, November 17, 2018 The Quantum Mechanics
 Features Worth Proffitt as "Meister Matter" on drums, Andy
 Aeschbacher as "The Master of Momentum" on bass, and Ed
 Mikenas a.k.a. "Blackie White" providing the "Energy" on console
 steel guitar.
- Saturday, January 26, 2019 Quintana An evening of traditional jazz including works by Miles Davis, "Duke" Ellington, Horace Silver, Charlie Parker, John Coltrane, and Rodgers and Hart. Musicians are Al Mallet on alto saxophone, Ernest Deane on trumpet, Glenn Buck on keyboards, Patrick Ragland on drums, and Ed Mikenas on bass.





TICKETS: Order through WWW.LYNCHBURGTICKETS.COM or purchased at the door starting 45 minutes before each performance.

FOR MORE INFORMATION: www.amherstglebeartsresponse.org | FACEBOOK: AmherstGlebeArtsResponse PHONE:434-989-3215

Amherst Glebe Arts Response, Inc. (AGAR) is a non-profit arts and humanities organization. AGAR's programs are made possible in part by grants from the Virginia Commission for the Arts, the National Endowment for the Arts, the Greater Lynchburg Community Foundation and the Piepho Charitable Fund.











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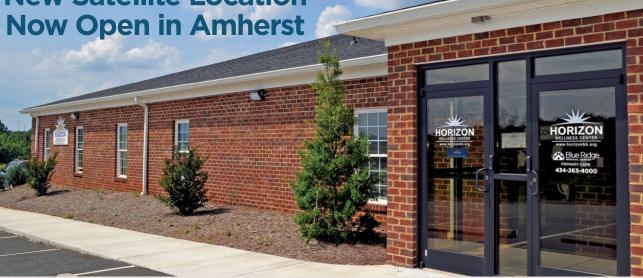
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RECREATION & PARKS DEPARTMENT 2018 Fall/Winter Schedule

www.countyofamherst.com

E-mail us at **recreationdept@countyofamherst.com** or call **(434) 946-9371** with your particular interest (sports, arts & crafts, health & fitness, trips, special events, programs for senior adults, etc.). and we will send you information as it becomes available.

Health & Fitness

AEROBICS/AMHERST (6 week sessions)

(Low Impact)

Supplies needed: Mat or Towel

Days: Tuesdays & Thursdays
Sessions Begin: October 23rd, January 8th

Time: 6 - 7:15PM

Location: Amherst Elementary School

Fee: \$25/person/session

Instructor: Darlene Terry

PICKLE BALL (ongoing)

Paddles and balls will be provided if you would like to try this game. For more information about pickleball, visit www.usapa.org

Days: Mondays & Thursdays

Time: 6 – 8_{PM}

Location: Sweet Briar College Fee: \$2/person/night

ZUMBA (6 week sessions)

Days: Tuesdays & Thursdays Sessions Begin: February 6th, March 20th

Time: 6-7PM

Location: Monroe Community Center

Fee: \$30/person/session
Instructor: Paulette Porter-Stransky
Register: On-site or call 434-946-9371

YOGA IN MONROE (4 week sessions)

Day: Mondays
Session Begins: October 1st
Time: 6:30 – 7:30_{PM}

Location: Monroe Community Center Fee: \$45/session. \$10/class walk-in

Yoga Teacher: La'Kisha Jones Bring an exercise mat and blanket.



BALANCE, STRENGTH & FLEXIBILITY CLASS A Matter of Balance

This is a 4 week program that meets twice a week for 2 hours. It will be held at Monroe Community Center. The times and dates have to be determined. If you are interested in taking this class, please call the Recreation & Parks Department for further information.

KINDERGYM (4 week session)

A developmental floor gymnastics, acrobatics and tumbling program with emphasis on social and gross motor development, physical fitness and movement education, while learning numbers, colors, shapes and words. **For ages 3-5.**

Dav: Wednesdays, beginning October 3rd

Time: 5:30 – 6_{PM}

Location: Monroe Community Center

Fee: \$35/child

GYMNASTICS JAM (4 week session)

This activity combines floor gymnastics, acrobatics and tumbling with hip-hop dance and fitness activities using fun props and safe equipment. **For ages 6-9.**

Day: Wednesdays, beginning October 3rd

Time: 6 - 6:45PM

Location: Monroe Community Center

Fee: \$40/child



ROUND DANCING LESSONS (8 weeks)

Day: Tuesdays
Session begins: September 18th

Time: Beginners: 6:15 – 7:15_{PM}
Easy Warm Up: 7:15 – 7:30_{PM}
Phase II-III: 7:30 – 8:30_{PM}

Phase IV-V: 8:30 – 6.30PM

Location: Coolwell Community Center Fee: \$144/couple; \$72/person

\$40/youth ages 10-16 (accompanied by adult)

For more information, call Liz at 434-665-4025 or email eileenrudert@gmail.com

SQUARE DANCING (12 weeks)

Square dancing is friendship set to music! Great fun & exercise! Come try the first two weeks at no obligation!

Day: Thursdays Session begins: September 13th

Time: 7 – 9_{PM}

Location: Coolwell Community Center Fee: \$48/person (first two weeks free)

For information and to register call Lynn Webb @ 434-616-4142 or

email blueridgestarsdanceclub@gmail.com
Facebook: Blue Ridge Stars
Website: www.blueridgestars.org

CONVENIENT



AFFORDABLE

Monroe Community Center & more in Amherst County

Kinderqum ages 3-5 Gymnastics, motor skills & fun!

Gymnastics Jam ages 6-9 Gymnastics, hip hop & fitness!

Kinder "Dance With Me" 15-24 months Motor skills, vestibular development, & more!

Parks & Rec Miller Center & more in Lynchburg

Kindertots age 2 Motor skills, cognitive development

Kinderdance ages 3-5 Ballet, tap, gymnastics & fun!

Dance Jam ages 6-9 Ballet, tap, fitness & hip hop!

Kids Yoga ages 3-5, 6-8, 9-12 Stretch, bend & focus!

www KinderDanceCV.com

📞 (434) 609-2890 🗖 @KinderDanceCV

DANCE, LEARN, & GROW

LINE DANCING (6 weeks)

Day & Time: Mondays, 6:30 – 8:30_{PM} Location: Coolwell Community Center

Fee: \$35/person Instructor: Tracie Deluca

For information and to register call Traci @ 434-258-3241 or email todeluca@hotmail.com

Arts & Crafts

ART TUESDAY CLASSES Variety of Mediums

The Amherst VA Art Society is offering art classes.

Day: Tuesdays, 10_{AM} – 12_{PM}

Location: Monroe Community Center

Fee: one free class/person (option to join Amherst

Art Society for \$25/year membership;

membership includes these Tuesday classes)

All materials provided. For additional information, call Patti Highley at 434-825-7031

ACRYLIC PAINTING

Sponsored by the Amherst VA Art Society.

Date: Saturday, November 10th
Location: Monroe Community Center
Fee: \$55/member; \$60/non-member

Instructor: Kelli Seagle

All supplies are included and you will take home 3 12" X 12" completed projects. For information and to register call Patti Highley at 434-825-7031

ADVENTURES IN ART (6 week session)

Come join the adventure and try your hand at different art forms! Such as acrylic painting (step by step), "Grasille style painting with acrylic", and paper mosaics to name a few. Wear old clothes and come prepared for fun!

Day: Wednesdays
Session begins: October 10th
Time: 10:30_{AM} – 12:30_{PM}

10.30AM - 12.30PM

Location: Monroe Community Center

Fee: \$50/six week session, all supplies included

Instructor: Glo Winters, the Mobile Artist

Register: Call 434-946-9371 no later than October 5th

CRAFTS BY ALWAYS FLOWERS AND MORE

Dates: October 11th Fall Wreath

October 25th Fall Swag

November 8th Silk Fall Centerpiece November 29th Holiday Wreath

Time: 6:30_{AM} – 8:30_{PM}

Location: Monroe Community Center

Fee: 1st class- \$25/person, \$20/repeat student

(+ bring a friend for free gift!)

Registration: 1 week prior to class

All supplies included. Take home completed project to complement your home. For more information email dm4952@yahoo.com



INTRO TO BACKPACKING AND CAR CAMPING COURSE

Brought to you by Nomad Mountain Guides. This course will feature the entry level skills and equipment needed to explore the back country with confidence. Course includes: instruction from an experienced backpacker and guide, review of modern day backpacking and camping gear, food prep and outdoor cooking, water filtration, camp set up and more.

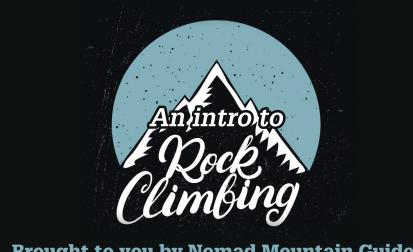
Available Dates: December 4th or January 15th

Time: 6 – 9_{PM}

Location: Monroe Community Center

Fee: \$25/person/course Ages: All ages welcome!

Minimum of 3 participants with max of 8. Contact Ryan Ferro at 434-473-5304 or Nomadmtnguides@gmail.com for more info.



Brought to you by Nomad Mountain Guides

This course will feature basic entry-level skills, techniques and gear used for modern day rock climbing. The course includes all climbing gear needed (i.e. helmet, shoes, rope, harness, etc.), professional instruction by a certified AMGA guide, 4-5 hours of outdoor rock climbing and lots of fun!

Available course dates:

Saturday, September 29th Saturday, October 6th Saturday, November 17th 9ам – 1рм 10ам – 2рм

11ам – Зрм

Location: Riveredge Park
Cost: \$55/person

Ages: 12 years and up

Minimum of 3 participants with a maximum of 8.

Please contact Ryan Ferro at 434-473-5304 or Nomadmtnguides@gmail.com for more info or trip options.

Register on-line for youth activities sponsored by the Amherst County Recreation & Parks Department!

If registering online then a major credit card is required.

Just visit www.CountyofAmherst.com and look under the Recreation tab. There you will find a listing of the youth sports activities as well as other activities for youth and adults.

CO-ED YOUTH BASKETBALL LEAGUE AND GIRLS YOUTH BASKETBALL

This program is for open to anyone between the ages of 5-17. Players ages from 5-8 years old will be in our instructional program where fun and fundamentals are the focus. These groups will meet one night a week for an hour. Players who are 9 & older will play other Recreation teams and all teams will be in a tournament.

Registration fee during September: \$31 for 5-8 year olds

\$41 for all other ages

Registration fee during October: \$41 for 5-8 year olds \$51 for all other ages

Registration fee after October 31st: \$51 for 5-8 year olds \$61 for all other ages

Registrations taken after October 31st will only be accepted if additional players are needed. Players who don't get on a team will receive a complete refund.

There will be a scouting combine for all players age 9 to 17. This is the single most important event of the season as it will set the tone



for the entire season. Please reserve the dates based on your child's age for the scouting combine.

Co-Ed Scouting Combine	ages 9-11	Mon 12/3 @ 6рм
Co-Ed Scouting Combine	ages 12-14	Tues 12/4 @ 6 _{PM}
Co-Ed Scouting Combine	ages 15-17	Wed 12-5 @ 6 _{РМ}
Girls Scouting Combine	ages 9-11	Thurs 12/6 @ 6рм
Girls Scouting Combine	ages 12-14	Thurs 12/6 @ 7:15 _{PM}

Registration Locations:

Recreation Office (cash or check only):

Mondays – Fridays starting September 4th Time: 9_{AM} – 4:30_{PM}

Coolwell Recreational Park (cash or check only):

All Saturdays in October Time: 9:30–11:30AM

On-Line (major credit/debit card only): 24/7

2019 SPRING SOCCER FOR YOUTH

Ages: 4 - 11 year olds

Registration: begins early January, 2019. Deadline is Early

March. Check the website or call the office for

final date.

GOLF

Winton Country Club 599 Patrick Henry Highway, Amherst

Opened in 1967, Winton Country Club in Amherst, Va. is situated on an expansive property featuring an 18-hole golf course, tennis courts, and a swimming pool in addition to a newly renovated restaurant, The Tavern, and a dedicated banquet facility, the historic Sarah Henry Manor. Winton is conveniently located within a short drive of Lynchburg and Charlottesville. For more information, visit www.wintoncountryclub.com



Poplar Grove 380 London Avenue, Amherst

Green Leaf Golf Club of Amherst, LLC is pleased to be in the third season of operation. Since the acquisition three years ago, the golf course is much improved and in great condition. Focused on creating a very enjoyable golfing experience and encourage all golfers to come and take advantage of the great golfing conditions. Poplar Grove Golf Club is the final design of golf legend Sam Snead. Teaming up with Ed Carton, formerly of the Tom Fazio design group, Sam Snead's final design effort reflects a culmination of a lifetime in championship golf. For more info, visit www.poplargrovegolf.com

Senior Adult Programming

From senior centers, wellness activities, and special programs, there is sure to be something of interest for the seasoned citizens of our community!

SEASONED CITIZENS' CENTERS

There are two center sites in Amherst County. The schedule of activities varies greatly, including table and card games, covered dish lunches, arts and crafts, local shopping and sight-seeing trips, nutrition specialists, health screenings, and an assortment of other special events. Call the Recreation Department for a monthly calendar. Get involved! Bring your friends and make new ones!

Northminster Presbyterian Church

Location: US 29, Madison Heights
Dates: Mondays and Wednesdays

Time: 10_{AM}-2_{PM}

Second Stage

Location: Second Street, Amherst Tuesdays and Thursdays

Time: 10_{AM}-2_{PM}

BINGO

Come join in this popular activity! Bring some friends; come early for coffee and light refreshments! You can't lose!

Day: Fridays, ongoing

Time: 10_{AM}-12_{PM}

Location: Monroe Community Center

Free to participate. For additional information, call the Recreation Department at 434-946-9371

BLAZIN' BINGO

Sponsored in part by St. Francis of Assisi Church. Refreshments for everyone and prizes for the winners!

Day: Wednesdays, ongoing

Time: 9:30am-11am

Location: St. Francis of Assisi Catholic Church

322 South Main Street, Amherst

AARP 55 ALIVE DRIVER SAFETY (2 days)

This program is designed especially for motorists age 50 and older. It is an eight hour refresher course to help aging drivers understand normal changes in vision, hearing and reaction time, and it provides practical techniques to compensate for these changes. The new course includes the problem of aggressive driving, car crime, driving distractions, a new video and much more. Successful completion of course qualifies students for a discount on car insurance.

Date: October 10th-11th

Time: 9AM-1PM

Location: Monroe Community Center

Fee: \$15/person/members

\$20/person/non-members (make check payable to AARP and pay the instructor on

the first day of the class)

Instructor: Nancy Lewis

Register by: October 5th by calling 434-946-9371



Food, Fellowship, Entertainment & Door Prizes!

Lunch sponsored and catered by: Whitten's Funeral Home Meredith's Restuarant & Catering

Wednesday, November 14th
Madison Heights Community Center
11:30_{AM} - 1:30_{PM}

FREE • RSVP by November 9th

Sponsored by

Amherst Recreation & Parks Dept, Sheriff's Dept., Social Services, Generation Solutions, Centra Medical Center and Bank of the James Reverse Mortgage.



BALANCE, STRENGTH & FLEXIBILITY CLASS A Matter of Balance

This is a 4 week program that meets twice a week for 2 hours. It will be held at Monroe Community Center. The times and dates have to be determined. If you are interested in taking this class, please call the Recreation & Parks Department for further information.

SENIORS TO SENIORS

Would you like to teach your favorite skill (Canning, gardening, Sewing, knitting) or would you like to learn how to use your electronic devices? This program partners senior high school students with senior citizens.

Date: Monday, November 12th

Time: TBD

Location: Monroe Community Center

Pre-registration necessary. Call the Recreation & Parks Department at 434-946-9371 to register and for further information

Wanted

Do you garden, carve, quilt, stitch, build or construct, paint, sculpt, play music, collect, travel or have a special interest or talent? If you would be willing to share these talents with senior adults at the county's senior centers, **please call the Recreation Department at 434-946-9371.**





Amherst County Public Library Activities

The library system has two locations to serve the residents of Amherst County. The headquarters location is at 382 South Main Street in Amherst. There is also a Madison Heights Branch located in the River James Shopping Center next to Goodwill.

Storytime

Weekly storytime for preschoolers begins on September 18th at the Amherst Library and is held each Tuesday morning from 10:30_{AM} to 11:30_{AM}. Storytime begins at the Madison Heights Library on Thursday, September 20 and takes place each Thursday from 10:30_{AM} to 11:30_{AM}. The storytimes use stories, music, dance, and crafts to educate preschoolers in the basic educational skills and literacy.

Teen Read Week

Teen Read Week is October 7-13. Join us at Amherst Library on October 9th and Madison Heights Library on October 15th from 6PM to 8PM for a Book Jacket Redesign on a book of your choice! Pizza and soft drinks will be provided. Please sign up at the library of your choice!

A Visit from Santa

Santa Claus will be at the Amherst Library on Wednesday, December 12th from 10_{AM} to 12_{PM} and at the Madison Heights Library on Saturday, December 15th from 12_{PM} to 2_{PM}. There will also be a fun activity/storytime as well.

Please visit either library location or check www.acpl.us for other activities as they are added.

We are also on Facebook.

Amherst County Museum & Historical Society Fall Programs

Amherst County Ghost Walk

Saturday, October 20th • 5PM-8PM

All new stories and fun!

\$12/adult, \$5/under 12. Tickets go on sale in September.

Rain Date: October 27.

Coming soon - limited edition Ghost Walk T-Shirts!

World War I Remembrance

Saturday, November 4th • 1:30_{PM}

WWI Exhibit opens at the Museum, followed by a laying of a wreath at the Memorial Garden in Town and a program at Second Stage.

Christmas Open House

Sunday, December 9th • 12:30PM-3:30PM

Local organizations and businesses have been invited to decorate a Christmas Tree in the 1st Annual Christmas Tree Display at the Museum. The 2018 theme is "Christmas through the Ages". Join the fun in sharing fellowship of the holiday. Santa Claus will make an appearance. Cookies and cider refreshments.



Special Events

ANNUAL SORGHUM FESTIVAL

Sponsored by Clifford Ruritan Club

Sorghum molasses & apple butter making, arts, crafts, food, jousting, Bluegrass and C & W bands.

Saturday, October 6th Dates:

9ам-5рм 12рм-5рм

Sunday, October 7th Clifford Ruritan Hall Location:

755 Fletchers Level Rd. Clifford

For further information call 434-826-1163 or

email cliffordruritan@gmail.com

ANNUAL GARLIC FESTIVAL

Sponsored by Rebec Vineyards

Garlic is featured in this food and fun event. Garlic Festival Wineries, music. arts. crafts.

Dates: Saturday, October 13th 10_{AM}-5_{PM}

Sunday, October 14th

10_{AM}-5_{PM}

Location: Rebec Vinevard

Rt. 29 near Clifford

For further information call 434-946-5168 or go to www.rebecwinery.com



ANNUAL APPLE HARVEST FESTIVAL

Sponsored by the Amherst Association for Family & Community Education

Everything and anything having to do with apples!

Saturday, October 20th Dates:

9ам-5рм 12рм-5рм

Sunday, October 21th

Location: Amherst County High School

For further information call 434-845-5606

Haunted House

Location: Monroe Community Center

129 Frances Ave., Monroe

Date: Saturday, October 20th

Time: 7-9рм

Fee: \$3/person

For more information, call the Amherst County Extension Office at 434-946-9365



Amherst County Annual Fall Festival Friday, October 26th

Candy Hunt & Hay Rides
Sponsored by the Amherst County Recreation & Parks Department and Amherst County Public Library

> Coolwell Park Location:

Time: 7-9_{PM} Activities

8рм Candy Hunt

(for 5th graders and younger)

Hayrides are \$1/person Fee:

Remember to bring a flashlight and bag to gather candy!

Trunk or Treat

Children ages 12 and under, and their parents, are welcome to join in the fun with games, entertainment, trunk-or-treating and more! All children must be accompanied by an adult at all times.

> Virginia Select Auto Location:

> > 1873 S. Amherst Hwy

Time: 6-8рм Free! Fee:

For more information call 434-946-9365

GINGERDREAD HOUSE DECORATING CONTEST & PARTY

Come join the festivities during this family-fun holiday party. Take part in decorating your own special Gingerbread House to take home! Register as an individual (5th grade or younger) or as a team/family.

Santa Claus will be the judge!

Sponsored by the

Amherst County Recreation and Parks Department
in partnership with the Amherst Art Society

Date: Tuesday, December 4th

Location: Monroe Community Center

Time: 6:30 - 8PM

Fee: \$20/gingerbread house

Visit with Santa, enjoy refreshments, games & prizes!

Register by Thursday, November 29th by calling the Amherst County Recreation & Parks Department at 434-946-9371



CHRISTMAS OPEN HOUSE AT THE MUSEUM

Local organizations and businesses have been invited to decorate a Christmas Tree in the 1st Annual Christmas Tree Display at the Museum. The 2018 theme is "Christmas through the Ages". Join the fun in sharing fellowship of the holiday. Santa Claus will make an appearance. Cookies and cider refreshments.

Date: Sunday, December 9th

Time: 12:30PM-3:30PM

Website: www.amherstcountymuseum.com



AMHERST LIONS CLUB Christmas Parade

Date: Friday, December 14th

Time: 6:30_{PM}

Location: Town of Amherst

Theme: TBA

For information, go to www.amherstva.gov

6th Annual Habitat Bluegrass Festival January 13th at 2PM

Join us at the Academy Center of the Arts' newly-restored Historic Academy Theatre at 519 Commerce Street in Lynchburg!

Featuring: Deer Creek Boys, New Standard, James River Cutups, Little Mountain Boys, and Deep Blue Express!

Tickets available at academycenter.org

Food and beverages will be available for purchase.



For more special events visit:

www.secondstageamherst.com www.amherstvachamber.com www.amhersthistoricalsociety.com



FRONTIER CULTURE MUSEUM Staunton, VA

Experience the story of early immigrants to our country.

Date: September 26th

Leave Amherst: 9AM

Transportation Fee: \$15/person Admission and meals on your own.

RICHMOND METRO ZOO Richmond, VA

Home to over 2,000 animals with 180 different species from around the world. Hand feed a magnificent giraffe!

Date: October 10th

Leave Amherst: 9AM

Transportation Fee: \$15/person Admission and meals on your own.



VIRGINIA DARE CRUISE Smith Mountain Lake

For an unforgettable experience, come aboard our one-of-a-kind boat and discover beautiful Smith Mountain Lake.

Date: October 24th

Leave Amherst: TBD Transportation Fee: TBD Cruise Fee: TBD



APPLE BUTTER MAKIN'



October 6th and 20th 10am to 4:30pm

Select from over 15 different apple varieties out of bins

Cider, Jams, Jellies

Corn Maze • Crafters

Clowns • Children's Activities

Pick-your-own Pumpkins Food Vendors

Farm Fresh Beef from Seamans' Orchard







For more information call 434.277.5824

www.SilverCreekSeamansOrchards.com

BUY YOUR TICKETS FROM US!

The Amherst County Recreation Department has discounted theme park tickets available for purchase as listed below.

Any individual or group wishing to purchase tickets should come by the office at

Monroe Community Center, 129 Francis Ave, Monroe, 9_{AM} - 4_{PM}, Mondays – Fridays. (cash sales only)

For more information, call 434-946-9371.

Kings Dominion Super Saver Days

(Weekends, Friday-Sunday) September 22nd – October 28th

\$39/person

Busch Gardens

(Weekends, Friday- Sunday) September 23rd – October 29th

Adults (ages 10+): \$60 Children (ages 3-9): \$51

Busch Gardens' Christmas Town

(Weekends, Friday-Sunday) November 24th – January 1, 2019

Single day: \$38/person Unlimited visits: \$46/person

D-DAY MEMORIAL Bedford, VA

Celebrate Veterans Day with an unforgettable walking tour of the D-Day Memorial.

Date: November 7th

Leave Amherst: 9AM

Transportation Fee: \$15/person

Admission and lunch at Liberty Station on your own.



County Community Centers

MONROE COMMUNITY CENTER

129 Francis Ave, Monroe

In July, 2015, the Amherst County Recreation & Parks Department found a new home in the former Monroe Alternative School, built as an elementary school in 1935. There are lots of memories and stories associated with the building! Now there are an assortment of programs and activities scheduled at the center as listed in this tabloid. For additional information, call the Recreation Department at 434-946-9371 or visit www.countyofamherst.com.



COOLWELL PARK COMMUNITY CENTER

646 N. Coolwell Rd, Amherst

This community center located in Coolwell Park is available to civic organizations and school groups on a reservation basis. It is also available for rent to private individuals on a reservation (rental fee) basis. For additional information call the Recreation Department at 434-946-9371.

County Parks

Amherst County is known and popular for its scenic beauty and natural settings. There are a variety of parks within the county offering a tremendous amount of HELP to those who use them: Health, Enjoyment, Leisure, and Pleasure are the benefits for those seeking such and discovering and exploring the AMHERST OUTDOORS!

The county maintains several parks in very attractive settings throughout the county. Some are on the historic James River and some are at the foot of the fabulous Blue Ridge Mountains.

Pack a picnic, round up the family, gather up the fishing gear, DON'T FORGET THE CAMERA and get out to visit each park and determine which park is the family favorite!

*County park hours are one hour after sunrise to one hour before sunset. [Please note that county code stipulates that consumption of alcoholic beverages is strictly prohibited on all county property.]

COOLWELL PARK & OUTDOOR AMPITHEATER

646 N. Coolwell Rd, Amherst

This recreational park has a picnic area with grills, a picnic shelter, a brand new play area for children, restrooms, lighted all-purpose fields (soccer, football, and softball), outdoor basketball courts, a nature trail and an outdoor amphitheater.

MILL CREEK LAKE PARK

238 Mill Creek Lake Rd, Amherst

Located in the Temperance area of the county, this park is considered by many residents to be the most scenic with a clear view of Mt. Pleasant and is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail [www.dgif.virginia.gov] Furthermore, this park is extremely popular with the fishermen! It rests on a 190-acre watershed lake that is open for fishing only (no swimming or gasoline powered boats allowed). The park consists of a boat ramp, picnic tables and grills, play area for children and restroom facilities. *Directions: turn onto Rt. 778 off of Rt. 60 west Turn right on Rt. 610. Follow the signs.*





MONACAN PARK

1159 Monacan Park Rd, Madison Heights

This park is located on the scenic and historic James River. The park offers a boat ramp and boat dock for access to the river, fishing benches, a covered picnic pavilion and picnic area, a play area for children and restroom facilities. It is located in the Elon area of the county. *Directions: take Rt.130 W. to Elon. Turn left on Monacan Park Rd. The park is located at the end of the Monacan Park Road.*



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RIVEREDGE PARK

150 Rocky Hill Rd, Madison Heights

Located at the base of Rocky Hill Road, on the James River, directly across from Downtown Lynchburg, this park, which overlooks the James River Fountain, offers fishing, canoeing, tubing and kayaking access to the James River, a play area for children, rock climbing, as well as a walking/biking trail along the river edge.

STONEHOUSE LAKE PARK

294 Stonehouse Lake Rd. Amherst

Located in the Temperance area of the county, this park rests on a beautiful 41 acre watershed lake and is open for fishing only (no swimming). This park is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail. [www.dgif.virginia.gov] There is a boat ramp providing access into the lake (no gasoline powered boats allowed). A covered picnic pavilion, picnic tables and grills, restroom facilities and a brand new play area for children makes this park an attractive setting for family/group picnics and activities. Directions: turn on Rt. 778 off of Rt. 60 W. Turn left onto Rt. 610. Follow the signs.

THRASHERS LAKE PARK

223 Thrashers Lake Rd, Amherst

Located in the Temperance area, this park rests on an attractive 36 acre watershed lake open for fishing only (no swimming). This park is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail. [www.dgif.virginia.gov] It consists of a boat ramp (no gasoline powered boats allowed) picnic tables and grills, a brand new play area for children and restroom facilities. *Directions: turn onto Rt. 778 off of Rt. 60 W. Turn left on Rt 610. Follow the signs.*



JAMES RIVER HERITAGE TRAIL

This blacktop hiking/biking trail is part of the Peaks of Otter Loop on the Virginia Birding and Wildlife Trail [www.dgif.virginia.gov] and has two access points. One is from Percival Island Natural Area. The trail extends from Lynchburg's Blackwater Creek Trail, crossing the railroad trestle onto Percival Isle from Lynchburg. It traverses the island for about one mile along an old railroad bed. The trail continues across the James River on another trestle, and continues along the James River in Amherst County for another 1½ miles. This is a beautiful scenic walk or bike ride through an historical area. The trail is also accessible in Amherst County at the end of Fertilizer Road [enter via the Central Virginia Training School]. Be sure to explore the exhibit, VIRGINIA ROCKS, at the JRHT trailhead at the base of Fertilizer Road.



RIVEREDGE PARK TRAIL

In keeping with the county vision to create a trail extending from Riveredge Park to the James River Heritage Trail, another portion of hiking/biking trail has been completed at Riveredge Park that now extends along the James River bank beyond the Carter Glass Bridge. Plans are being developed to continue this trail along the James River to connect to the James River Heritage Trail.





Recently, I had the pleasure of accompanying the Director of the Amherst County Recreation and Parks Department on a float trip down the James River. We met at James River Adventures in Riveredge Park. JRA is a relatively new business, located in the park, offering kayaking, tubing, canoeing and shuttle services.

After a brief chat with the James River Adventures manager we secured a rental kayak for the director then unloaded my boat. Once we got on the water, it was just a matter of a few minutes before we were downstream alongside Percival's Island. The city skyline was a fading memory as the sounds of the river and wildlife and nature surrounded us.

We approached the first white water riffle with the customary trepidation; yet, sailed through it with huge smiles on our faces and the exhilarating feeling of success. There were a few more riffles and a lot more fun in store before the trip would end.

Floating under the traffic crossing over the Carter Glass bridge provided an interesting perspective. A little further along, we waved for the camera as our picture was taken by some bikers above us crossing the James River Heritage Trail Bridge from Percival Island.

As we continued floating along the historic James, we imagined what it must have been like traveling the same path on a batteau centuries earlier.

We looked for turtles sunning themselves on the rocks along the shore while we were serenaded by a symphony of birds calling to us as we floated by.

Bald eagles are often spotted on this section of the James River. Regrettably, we did not see any on this trip. We did, however, spot some great blue herons and ospreys, one of which was carrying off a fish for lunch, obviously unwilling to share.

Paddling into the mouth of Opossum Creek, we took some pictures of the bald eagle's nest in a sycamore tree there. Bald eagles build their nests in large trees near rivers or coasts. A typical nest is around 5 feet in diameter. Eagles often use the same nest year after year. Over the years, some nests become enormous, as much as 9 feet in diameter, weighing two tons!

The clear, cool water was inviting on this warm summer day and customarily people stop to go swimming along the river. Unfortunately, time did not allow us that pleasure on this trip.

Passing a group or fellow river travelers in tubes rented from the JRA, leisurely floating the river, we noticed that several of the tubers had fishing lines in the water. We knew what they were having for dinner!

After floating through several more riffles and lots of beautiful scenery we reached the end of our six mile float.

We woefully got out of the water at the take-out point there.

We both agreed that the float did not last nearly long enough and both committed to returning soon. We loaded our kayaks onto the JRA van and trailer waiting for us there and were shuttled back to Riveredge Park in order to return to our normal daily routines while promising ourselves to return for another float in the near future.

James River Adventures rents canoes, kayaks, stand up paddle boards, tubes and will soon have a bateaux. They offer hourly rentals, and 2, 6, and 9 mile float trips. Their parent organization, the James River Association, is a nonprofit organization that works through government, stakeholders, and a large network of volunteers to monitor, protect, and promote the James River Watershed. You can learn more about the James River and the James River Association at jrava.org.

The James River is not the only waterway in Amherst County that provides such relaxation, refreshment, and rejuvenation throughout the county. Without doubt, Amherst County is A PERFECT SLICE OF VIRGINIA!

Frank Ford

James River Association Volunteer

SEE YOU ON THE RIVER!







VIRGINIA BLUE RIDGE RAILWAY TRAIL

This trail is idyllically located in the rolling Virginia countryside and follows the banks of the Piney and Tye Rivers along the path of the longest running, commercially successful short-line railway in America. It is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail [www.dgif.virginia.gov]. This trail provides a perfect opportunity to relive the historically significant events that developed and changed Amherst and Nelson Counties. Recent additions to this trail are a covered bridge, a caboose (original to the VBRR and under refurbishment), and a restored weigh station. The two access points are located at Piney River and Roses Mill.



BROTHER BASIL NATURE TRAIL

Located at Coolwell Park, this ¼ mile trail is located behind the outdoor amphitheater. Go exploring and check it out!

APPALACHIAN TRAIL

Approximately 25 miles of this trail passes through Amherst County from the Nelson County line to the James River, crossing over the James River Foot Bridge into Bedford County. There are many beautiful and scenic trails that run through the mountains of the county. Enjoy the sights from Mt. Pleasant, Cole Mountain, Tar Jacket, and Rocky Row Run, just to name a few.





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HENRY LANUM MEMORIAL TRAIL

This trail was named after Henry L. Lanum, Jr., a long time trail maintenance supervisor for the Natural Bridge Chapter of the Appalachian Trail Club. Located in the Mount Pleasant National Scenic Area, this 4.8 mile loop leads to the 4,071 foot summit of Mount Pleasant with panoramic 360 degree views high atop Amherst County!



OLD HOTEL TRAIL

A 5-mile loop, when combined with the Appalachian Trail, across the meadows on the summit of Cole Mountain with fantastic views of the Amherst foothills and the western valley.

VIRGINIA BIRDING & WILDLIFE TRAIL

From the Atlantic Ocean of Virginia's eastern border, to the towering Mt. Rogers at its southwest corner, the Commonwealth includes every bird and animal habitat that occurs naturally between Maine and Florida. Virginia also offers a long history, rich culture, and tradition of warm hospitality to welcome visitors. Within Virginia's 43,000 square miles of diverse natural habitat, you can find some 400 species of birds, 250 species of fish, 150 species of terrestrial and marine animals, 150 species of amphibians and reptiles, and a wide variety of aquatic and terrestrial invertebrates. The Virginia Birding and Wildlife Trail celebrates this diversity. In fact, it is the first statewide program of its kind in the United States. All three phases of the trail link wildlife viewing sites throughout the state have been completed: The Coastal, Piedmont, and Mountain Phases.

Amherst County has several trail loops listed in the Mountain Phase trail system. The **Peaks of Otter Loop** includes the James River Heritage Trail along the southern border of the county. The **Sleeping Giant Loop**, includes Mt. Pleasant Scenic Area, Mill Creek Lake, Stonehouse Lake, Thrashers Lake, as well as the Virginia Blue Ridge Railway Trail.

For further information or for a map of one of the three phases, visit the Amherst County Recreation Department or contact the Virginia Tourism Corporation @ 1-800-VISITVA or visit www.dgif.state.va.us.

SOUTH PEDLAR ATV TRAIL SYSTEM

The Terrapin and Rattlesnake trailhead parking lots are posted along Rt. 130. For more information contact the Glenwood /Pedlar Ranger District of the National Forest Service @ 540-291-2188.

For an Amherst County Parks & Trails Guide, visit www.countyofamherst.com

For a calendar of hikes sponsored by the Natural Bridge Appalachian Trail Club, visit www.nbatc.org

Scenic Areas

Amherst County is becoming known as a "Perfect Slice of Virginia." Part of the rationale for this 'Claim to Fame' is that nearly 1/3 of Amherst County (northwest) is located in the GEORGE WASHINGTON NATIONAL FOREST. Hunting, camping, hiking, nature and wildlife watching enthusiasts enjoy the benefits of the GWNF in Amherst County. Scenic view sheds, overlooks, waterfalls, and more – it's all here! For additional information, visit www.fs.fed.us.

BLUE RIDGE PARKWAY

Outstanding scenery and recreational opportunities make the Blue Ridge Parkway one of the most popular units of the National Park System. "America's Favorite Drive" winds its way 469 miles through mountain meadows and past seemingly endless vistas. Split-rail fences, old farmsteads and historic structures complement spectacular views of distant mountains and neighboring valleys.

Access to the Blue Ridge Parkway in Amherst County is on Rt. 60 and Rt. 130/501. For more info, visit www.blueridgeparkway.org



MOUNT PLEASANT NATIONAL SCENIC AREA

Located in the Glenwood and Pedlar Ranger Districts of Amherst County, this 7,580 acre area is part of the George Washington National Forest and is accessible by Route 60 West. It is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail [www.dgif.virginia.gov]

Mount Pleasant National Scenic Area offers excellent opportunities for solitude and serenity and is very popular for various forms of dispersed recreation including hiking, hunting, and fishing. The core of the Mount Pleasant National Scenic Area is remote in appearance. Motor vehicles are permitted only on open roads. For additional information, visit www.fs.fed.us

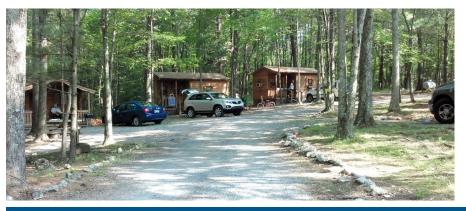


Camping

LYNCHBURG NW / BLUE RIDGE PARKWAY KOA

A family campground in the Blue Ridge Mountains, full of fun and activities including swimming, ATV trail, special events; along with a camp store and gift shop and much more. 6252 Elon Road; Monroe, VA. Rt. 130 west of Elon and a mile east of the Blue Ridge Parkway.

For more information, call 434-299-5228 or visit www.koa.com/campgrounds/lynchburg



Horseback Riding

Amherst County is rich in outdoor beauty! From the mountain tops to the valleys, there are breathtaking views. What better way to experience those views than on horseback. There are several options in Amherst County for boarding horses and taking lessons.

Country Meadow Farms

162 Buffalo Ridge Road, Amherst Visit www.shelbyrader.com or call 540-817-5982

Royal Delight Stable

378 Alcock Road, Amherst Visit www.royaldelightstables.com or call 434-660-6979

Rivers Edge Farm

172 Deer Crossing Lane, Madison Heights Visit www.facebook.com/RiversEdgeFarm

Windy Hill Farm

3749 Elon Road, Monroe Visit www.greatnessinthesaddle.com or call (804)516-8852



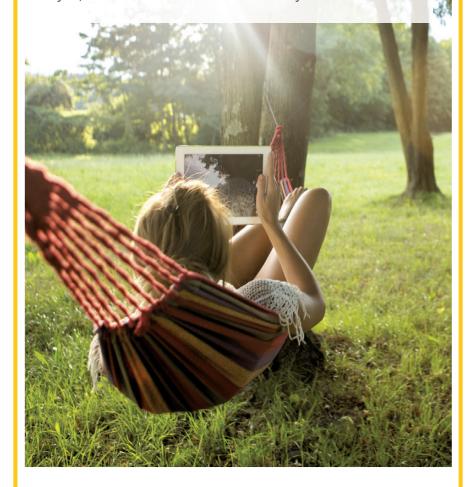
Other Points of Interest in Amherst County

AMHERST COUNTY MUSEUM & HISTORICAL SOCIETY

Open Tuesdays through Saturdays and located at 154 South Main Street, Amherst, the mission of the ACMHS is to discover, collect and preserve objects related to thehistory and genealogy of Amherst County. For additional information call 434-946-9068 or visit www. amherstcountymuseum.org

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MAKING SENSE OF INVESTING



The Amherst County Fair held in August on E. Sweet Briar Drive in Amherst with a backdrop of the beautiful Blue Ridge Mountains was a tremendous success. Approximately 15,000 people attended the fun-filled family event which included carnival rides, music, a petting zoo, fireworks, firefighter and archery competitions. 42 local businesses supported the event with sponsorships and 275 volunteers were on-hand to help. We hope to add more rides and vendors and fine tune it to make for an even better experience in 2019.

Vanessa Angus, Director Amherst County Fair Amherst County Chamber of Commerce



MONACAN INDIAN MUSEUM

Open Tuesdays through Saturdays and located at 2009 Kenmore Road, Amherst, the Monacan Ancestral Museum is staffed and operated by volunteers within the tribe, committed to preserving the rich legacy of the Monacan tribe's history and culture.



SWEET BRIAR COLLEGE FINE ARTS GALLERY

See noteworthy traveling exhibitions, innovative student works, and pieces from the college's extensive collection. For more information, visit www.sbc.edu

REBEC VINEYARD

Commanding an expansive view of the Blue Ridge Mountains and located on the historic farm, Mountain View, listed both on the National Register of Historic Places and As a Virginia Landmark. Rebec is a working vineyard with on-premises shop offering tastings, gifts, and a full selection of the vineyards' wines.

Located at 2229 N. Amherst Highway (5 miles north of Amherst). Call 434-946-5168 or visit www.rebecwinery.com



LAZY DAYS WINERY

Located at the base of the Blue Ridge Mountains, the Lazy Days Vineyard & Winery offers a broad spectacular view of the natural beauty of Virginia. Close to both Charlottesville and Lynchburg, it's easy to reach Lazy Days and enjoy their Virginia Wines.

Located at 1351 N. Amherst Hwy, Amherst, VA. Call 434-381-6088 or visit www.lazydayswinery.com



ANKIDA RIDGE VINERYARDS

Far away from the cities on a steep eastern slope of Virginia's Blue Ridge Mountains, sets a little vineyard. The views are majestic and the mountain air is clean and fragrant with seasonal perfumes that are infused into the grapes themselves.

Located at 1302 Franklin Creek Road, Amherst. Call 434-922-7678 or visit ww.ankidaridge.com.



LOOSE SHOE BREWERY

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Located at 198 Ambriar Plaza, Amherst, VA. For additional information, call 434-946-BEER or visit www.looseshoebrewing.com



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WINTON COUNTRY CLUB

Winton has been an important part of the rich history and the proud traditions of central Virginia for decades. Winton is located three miles north of the town of Amherst within the beautiful Blue Ridge Mountains. When you are there, you will feel worlds away from the hustle and bustle, but you are, in fact, only a short distance from Lynchburg and Charlottesville.

Winton's 18-hole championship golf course is recognized as one of the finest courses in Virginia and it has the added bonus of having no surrounding residences, which is becoming more and more unique. Winton also boasts a junior Olympic swimming pool and on-site restaurant as well as a banquet facility and the historic Sarah Henry Manor which predates the Revolutionary War.

For additional information, visit www.wintoncountryclub.com



Photos

- 7 Winton Country Club via www.wintoncountryclub.com
- 12 Virginia Dare Cruises via www.vadarecruises.com Richmond Zoo giraffe by Ross Catrow
- 13 D-Day Memorial via www.dday.org
 Monroe Community Center sign by Jackie Howell
 14 Mill Creek Lake via visitamherstcounty.org
 15 James River Heritage Trail by jcrowder
 Riveredge Park Trail by Lee Luthor Jr.

- 16 Kayakers by James River Adventures
- 17 Blue Ridge Railway Trail via Nelson County Times Appalachian Trail by Johnny Molloy
- 18 Henry Lanum Memorial Trail by Christin Healey Blue Ridge Parkway by Lee Luthor Jr.
- 19 Mount Pleasant by Christin Healey Blue Ridge Parkway KOA via koa.com
- Windy Hill Stable by Skylar Evans

 20 Amherst County Fair by Kobault Films

 21 Chief Dean Branham at Monocan Indian Museum by Lee Luthor Jr.
 Rebec Vineyards Tasting Room by Larissa J. Lazy Days Winery via lazydayswinery.com Christine & Dennis Vrooman (Ankida Ridge) by Tom McGovern
- 22 Morris Orchard by Wil Barnes
- Winton Country Club Tavern via wintoncountryclub.com

Amherst County Recreation & Parks Department

Office:

Monroe Community Center 129 Francis Ave. Monroe, VA, 24574

Mailing Address:

PO Box 556 Amherst, VA, 24521

Office Hours:

Mondays – Fridays 8:30_{AM} – 5_{PM}

Office Number: (434) 946-9371 **FAX Number:** (434) 946-9370

Web Site: www.countyofamherst.com slchristian@countyofamherst.com

Sara Lu Christian Director

Alan Bumgarner Recreation Specialist **Brenda C. Toney** Senior Office Associate

Amherst County Parks, Recreation & Cultural Development Board Members

 District 1:
 Stevie Angus
 (434) 907-2348

 District 2:
 Roni Tuggle
 (434) 942-6953

 District 3:
 Christy Kreuziger
 (434) 942-7127

 District 4:
 JoJo Allcock
 (434) 929-4029

 District 5:
 John Mann
 (434) 929-1508

The Amherst County Parks, Recreation and Cultural Development Board (ACPRCD Board) meets the second Monday of each month at 6:30pm in the Monroe Center to review budget, activities, and discuss the future of leisure services in Amherst County. These meetings are open to the public. Individuals and groups are welcome and encouraged to bring matters concerning recreation in the county to these meetings. In order to get on the agenda, please call the Recreation Department at least three weeks prior to a scheduled meeting date.

Registration Information

REGISTRATION:

Unless otherwise noted, pre-registration is necessary and will be done on a first-come-first serve basis. Registration for classes may be done by telephone, e-mail, or coming by the Recreation office. Registration for sports leagues must be done in person.

FEES:

Unless specified, all fees must be paid prior to the day of the activity. Make checks payable to the *Amherst County Recreation Department*. Your payment will confirm your registration.

LATE CHARGE:

A late fee will be charged for registrations accepted after a specified registration deadline.

REFUNDS:

You may request a refund provided you give a 24 hour notice prior to the activity beginning. Refunds are also given when insufficient enrollment cancels the activity.

CANCELLATIONS:

The Amherst County Recreation Department reserves the right to cancel a program due to insufficient registration or to make late changes. All registrants will be notified of these changes.

INCLEMENT WEATHER & POSTPONEMENTS:

All class/activities are cancelled for the day when schools are closed due to inclement weather. In the event schools close early, the Recreation Department will make a decision for that program for the evening. Announcements will be made on the Recreation Department's cancellation line 434-946-9371.

ALCOHOLIC BEVERAGES. DRUGS & SMOKING:

are strictly prohibited at the recreation programs and on county grounds.

For further information, call the Amherst County Recreation Department at 434-946-9371 from 8:30_{AM} to 5_{PM}, Mondays – Fridays or go to the county website at www.countyofamherst.com



[Did you know?]

There are a lot of things for members of the community to do on the Sweet Briar College campus.

This is **SWEET BRIAR**.







STAY. The Florence Elston Inn & Conference Center is open to the public. Whether you have guests visiting, are getting married or would like an off-site place to have a company meeting, we have you covered. Learn more at elstoninn.com.

DINE. Sweet Briar's main dining room in Prothro has great food, thanks to its catering partner, Meriwether Godsey. With nutritious meals and made-from-scratch foods, it's a great place to get a bite to eat. You can also get coffee, a sandwich or snack at Daisy's Café next door. For menus, hours and rates, visit sweetbriardining.com.

MOVE. If you're looking for a place to exercise, you could take a walk around campus or along our 18 miles of trails. Even better, residents of Amherst County can buy memberships to use our Fitness and Athletic Center. To learn more, visit www.vixenathletics.com or call 434-381-6305.

VISIT. Twenty-one of its campus buildings are listed on the National Register of Historic Places and the Sweet Briar Museum (open by appointment) maintains a permanent collection of historical decorative arts, photographs, archival documents and publications, clothing, jewelry and memorabilia associated with Sweet Briar (sbc.edu/museum). The Anne Gary Pannell Center is the College's principal art gallery and is a venue for lectures and classes as well as other educational programs and public events (sbc.edu/art-galleries).

We can't wait to see you.

