#### Amherst County Recreation 2022-2023 Basketball Program





The Recreation Department is holding a "Basketball Scouting Combine" for all players in the 9-10,11-12, 13-14 and the 15-18 (must be in high school) age groups. *Please mark your calendar to attend the scouting combine based on the age divisions listed below.* A scouting combine is an event in which <u>all</u> of the players demonstrate a combination of skills, such as passing & dribbling. This aids the coaches in knowing the needs and abilities of the players. Once the teams are determined, the coaches will reflect back on the combine to begin planning their practices to help the players improve upon the areas that they are weak in, as well as the areas that they are already strong in. This also has an additional benefit of helping coaches to assemble better balanced teams. Having better balanced teams can reduce the possibility of lopsided games. Lopsided games tend to short change everyone. The winning team is not really challenged and thus they are less likely to reach their potential. The loosing team in some cases can become disheartened and loose interest, which also prevents them from reaching their potential

- Having balanced teams equates to more exciting games.
- More exciting games lead to players wanting to and actually working harder.
- Working harder will bring a sense of accomplishment and pride.
- Accomplishment and pride will spill over and have a positive impact on their lives.

Any player, who registers **before Nov 11th**, will be put on a team. <u>Anyone registering after 11/11 that doesn't get on a team and will receive a full refund.</u> We strive to see that each team has an equal number of players and to keep the number of players on each team to a minimum, in order to give each player, the best opportunity to learn & grow.

### **Important Details:**

- This event should take less than 60 minutes. Players should come prepared to run drills & play some games of 2 on 2.
- 2. Look for the registration table where the players will get their pre-assigned number to wear.
- 3. Due to limited space in the gyms, we will not be offering any seating.
- 4. Once each player has completed all of the events, they are free to leave. The teams will be built the day after the combine and posted to web site no later than **Friday Dec 2nd.**
- 5. All divisions are Co-Ed. The first scheduled practice will be on Monday, November 28th
- 6. Each Division is made up of specific age groups and a player will be placed into a division based on their age as of April 1st, 2023

Fees:

<u>5-8yrs old:</u> Before 10/31/2022 - \$50

After 11/1/22 - \$60

All Other Age Groups: Before 10/31/2022 - \$60

After 11/1/2022 - \$70

# Combine: Age group is based on their age as of April 1st, 2023

Coed Fundamentals ages 5-8yrs old - NO COMBINE

Coed Division 9 & 10 yrs old - Combine Monday, Nov 21st at 6pm

Coed Division 11 & 12 yrs old - Combine, Monday, Nov 21st at 7:30pm

Coed Division 13 & 14 yrs old - Combine Tuesday, Nov 22nd at 6pm

Coed Division 15 -18yrs old - Combine Tuesday, Nov 22nd at 7:30pm

## Registrations

There are 3 ways and/or times that you can register.

- 1. You can register at the Recreation Dept. Monday Fridays 9:00am-4:30pm.
- 2. You can register from 9am until noon on Saturdays at the Coolwell Recreation Center when soccer games are normally being played. Soccer games run through Nov 5th.
- 3. You can also register on-line at <a href="https://www.CountyofAmherst.com">www.CountyofAmherst.com</a> and search for "sports registrations"

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<u>PURPOSE:</u> The purpose of the Amherst County Recreation & Parks Department's Youth Basketball program is to give the youth of the county the opportunity 1) To participate in a team sport 2) To learn the skills and rules of basketball 3) To learn to use good sportsmanship, have fun, and meet new friends

Each coach is required to play every player 50% of each game. The intent is to help each player grow individually as well as learn to work together as a team. We are fortunate to have many wonderful coaches. Some coaches have invested much of their own time to become certified. While these coaches may know a lot about basketball, they may not have had the chance to get to know any of the players prior to forming a team. The Recreation Department is holding a Basketball Scouting Combine. Please see above for more details on the Scouting Combine.

Fundamentals: The Fundamentals divisions consist of two age groups. The coed 5 & 6 yr old and the 7 & 8 years old. While there

will be a level of competition, it will be focused around drills and not a traditional basketball game. They practice

one night a week for one hour.

**Team Play:** The 9yr -18yr old teams meet 1 week night and on Saturdays, at one of the school gyms. A Division (age group)

will be formed as long as there are enough players. If we don't have enough players in an age group we will

combine more age groups or delete a group.

Coaches: Our program couldn't exist without volunteer coaches like you. Please let us know if you would be available to help!

We bare the expense of running background checks on all of our coaches.

Uniforms: All players will be given a team shirt to keep. Be sure the correct shirt size has been put on the registration form. If

the wrong size is ordered, the parent/guardian is responsible for reordering the shirt if desired at an <u>additional cost</u> of \$15. Due to the lead time required to have the shirts made, the Recreation Dept. will only place one re-order of

shirts.

Insurance: The Amherst County Recreation & Parks Department does not carry insurance on players, coaches, volunteers, or

spectators. Parents/quardians are responsible for any/all medical bills costs relating to any injuries.

Refunds: Refunds will be given regardless of reason until 11/28. After 11/28 refunds will only be given if we're unable to

have the season or if we're unable to get you on a team. Requests for refunds must be submitted in writing,

via letter or email.

School players: An individual playing on a school team is eligible to play on a Recreation League team (provided the school team

allows it). These players must register during the regular registration dates. These players will be drafted equally among the teams. A player must be able to handle their school work and be able to give both their school team & their Rec Team the same high level of commitment. Please give adequate consideration prior to registering, if you

plan to play on more than one team. You should also check with your school coach for their policy.

Practices: Practices will start on Monday, Nov 28th. We have many teams to accommodate so each practice is limited to

1 hour time slots. Balls are provided for players to practice and play. Please don't bring any type of ball to the

gym.

School Rules: In order to be able to use the school gyms we must comply with their rules, so we will enforce any

posted rules. Typically the schools will not allow food or drinks in the gyms. There is water available in the gyms. School policies prohibit any sort of smoking, vaping & tobacco usage, regardless of being inside or outside while on school property. Smokeless devices and/or vaping are considered a form of smoking and follow the same rules

as smoking & tobacco usage

**Start times:** The gyms will be opened 10 minutes prior to the first scheduled practice/game.

<u>Special Request:</u> Each season we will receive numerous special requests. A wide range of reasons are given in support of these requests. Some of the most common requests are, #1 Please put my child on a team that doesn't practice on Wednesdays #2. Please put my child on the same team as their cousin or friend. 3. Please do or don't put my child on a team coached by so & so. 4. Even though my two kids are in different age groups please put them on teams that will practice on the same weeknight. Consideration will be given to all requests, but your request might not be fulfilled. If not having your special request fulfilled would prevent your child from participating, then registering is not advised. Refunds will not be given because of not being able to fulfill a request.