

# Amherst

*Things to Do and Places to See*

Spring / Summer 2020



AMHERST  
NEW ERA-PROGRESS

NELSON COUNTY TIMES





## RECREATION & PARKS DEPARTMENT **2019 Fall/Winter Schedule** **2020 SPRING/SUMMER SCHEDULE**

If you have an event, program or activity open to the public that you would like to get posted on the county web site, send it to [slchristian@countyofamherst.com](mailto:slchristian@countyofamherst.com).

### *Health & Fitness*

#### **AEROBICS/AMHERST** (6 week session)

(Low Impact)

Supplies needed: Mat or Towel  
Days: Tuesdays & Thursdays  
Session begins: February 25th  
Time: 6-7:15 PM  
Location: Amherst Elementary School  
Fee: \$25/person/session  
Instructor: Darlene Terry  
Register: On Site or 434-946-9371

#### **SWEET BRIAR FAMILY ATHLETIC CLUB (FAC)** Spring 2020

#### **YOGA AND MEDITATION**

*Come to the FAC and enjoy Yoga & Meditation instructed by Sweet Briar's student Libby O'Donnell. Unwind, relax, and find your inner self through this amazing class!*

Days: Tuesdays 5:30-6:30PM  
Wednesdays Noon-1:00PM  
Location SBC Fitness and Athletics Center – Fencing/Aerobics Room  
• Upstairs next to Williams Gym  
Age: Any age  
Fee: \$10/day; free for members  
Contact: Marcia Thom-Kaley at [mthomkaley@sb.edu](mailto:mthomkaley@sb.edu)



#### **DANCE – N – MOTION**

*Come to the FAC and participate in the Dance – N – Motion Class instructed by Sweet Briar's student Cortney Lewandowski. It is time to let loose and get your groove on!*

Days: Wednesday  
Time: 7:00 – 8:00 PM  
Location: SBC Fitness and Athletics Center – Fencing/Aerobics Room  
Upstairs next to Williams Gym  
Age: Any age  
Fee: \$10/day; free for members  
Contact: Marcia Thom-Kaley at [mthomkaley@sb.edu](mailto:mthomkaley@sb.edu)

#### **INDOOR CYCLING & CORE**

*Join us in this high intensity cycling workout that will push your limits to win the race! Following cycling, we head across the hall for the second half of class that goes above and beyond sit-ups and crunches.*

Days: Fridays  
Time: 12:30-1:30PM  
Location: SBC Spin Room (downstairs by the Field House)  
Age: 16 and older  
Fee: \$10/day; free for members  
Contact: Samantha Bickel – [sbickel@sb.edu](mailto:sbickel@sb.edu)

#### **KICKBOXING**

*Join us in this high intensity cycling workout that will push your limits to win the race! Following cycling, we head across the hall for the second half of class that goes above and beyond sit-ups and crunches.*

Days: Fridays  
Time: 12:30-1:30PM  
Location: SBC Spin Room (downstairs by the Field House)  
Age: 16 and older  
Fee: \$10/day; free for members  
Contact: Samantha Bickel – [sbickel@sb.edu](mailto:sbickel@sb.edu)

## WATER AEROBICS

*Water, water everywhere! Join us in the pool at the FAC for Water Aerobics! Working out in the water is one of the most therapeutic activities. Water aerobics builds cardio, strength and resistance - all while being easy on the joints and in a cool and relaxing atmosphere.*

Days: Mondays & Thursdays

Time: 7:00-8:00PM

Location: SBC Pool

Age: All ages; under 13 requires parental supervision; must know how to swim

Fee: \$10/day; free for members

Contact: Samantha Bickel – sbickel@sbcc.edu

## OPEN SWIM

*Enjoy Sweet Briar College's lovely indoor pool for lap swimming!*

Days: Mondays – Thursdays; 6:30AM-8:30AM & PM

Fridays - 6:30-8:30AM

Saturdays - 11:00AM-2:00PM

Location: Sweet Briar College pool

Ages: All ages; under 13 require parental supervision

Fee: \$10/day; free for members

Contact: Jerry Diamond – jdiamond@sbcc.edu

## *Dance*

### **LINE DANCING** *(On Going)*

Days: Mondays

Time: 6:30-8:30 PM

Location: Coolwell Community Center

Fee: \$35/person

Instructor: Traci Deluca

For information and to register call Traci @ 434-258-3241 or email todeluca@hotmail.com

### **ROUND DANCING** *(Ballroom) (8 week sessions)*

Days: Tuesdays

Time: Beginners/New Round Dancers: 6:15 – 7:15pm

Phase II & III Dancers 7:30 – 8:30pm

Phase IV & V Dancers 8:30 – 9:30pm

Location: Coolwell Community Center

Fee: \$144/couple,

(72/person) (\$40 per youth ages 10-16 when accompanied by adult.

Instructor: Eileen Rudert

For more information call Liz Alcock at 434-665-4025

## **SQUARE DANCING WORKSHOP**

Sponsored by the Blue Ridge Square Dance Club.

For information and to register call Liz Alcock @ 434-665-4025

Dates: Thursdays (ongoing)

Time: 7-9PM

Location: Coolwell Community Center

## *Arts & Crafts*

### **ADVENTURES IN ART** *(six-week session)*

Come join the adventure and try your hand at different art forms! Such as acrylic painting (step by step), “Grasille style painting with acrylic”, and paper mosaics to name a few. Wear old clothes and come prepared for fun!

Days: Wednesdays

Session Begins: March 25th

Location: Monroe Community Center  
129 Francis Ave, Monroe, VA

Time: 10:00AM – 12:PM

Fee: \$50/six-week session/all supplies included

Instructor: Glo Winters, The Mobile Artist

Register: 434-946-9371/no later than Friday, March 13th



# Amherst Virginia Art Society

Located in Room 102 in the Monroe Community Center, AVAS is a group of local artists with a variety of skill levels and interest. Art Tuesday is held every week for members to come together to share ideas, support one another in the pursuit of art, and enjoy being among fellow artists. The AVAS library is a great resource and supplies are available for members to use. Occasional videos are shown to introduce a technique that members can then develop on their own. Members are welcome to bring any art projects on Tuesdays to continue working on and possibly have critiqued by other members.

A few workshops are held during the year in different mediums, quarterly meetings are held usually followed by a guest speaker, and opportunities to display work are available. Join the AVAS at \$25/calendar year. For further information, call 434-238-8452 or e-mail [amherstvaartsociety@yahoo.com](mailto:amherstvaartsociety@yahoo.com). Visit the website at [amherstvaartsociety.com](http://amherstvaartsociety.com)

## ART TUESDAYS

Art Tuesdays with the Amherst VA Art Society; a chance to work on your own with other artists and use a variety of mediums; resource library available; occasional fee-based workshops conducted by community artists; quarterly meetings with guest speakers.

Location: Monroe Community Center

Days: Tuesdays

Time: 10AM-Noon

Fee: First visit is free; \$25/person annual membership

## ART WORKSHOP

Watercolor batik on rice paper; all materials provided

Date: Friday, March 20

Time: 10AM-1PM

Fee: \$25/person

Registration: Deadline – March 13th



# Story Telling

## SPRING STORYTIME:

Join us for singing, dancing, and a story!

Location: Amherst Library

Days: Tuesdays, March 10-May 5

Time: 10:30AM

Location: Madison Heights Library

Days: Thursdays, March 12-May 7

Time: 10:30AM

For more information call the library at 434-946-9488 or 434-846-8171. Check the web at [www.acpl.us](http://www.acpl.us).



## DR. SEUSS BIRTHDAY PARTY

Parents, bring your children, ages birth-5th grade, for a fun time celebrating all things Seuss!

Location: Madison Heights Library

Day: Monday, March 2nd

Time: 6-8PM

Birthday Party for Dr. Seuss-Monday, March 2nd, 6-8 pm at the Madison Heights Library

For more information call the library at 434-946-9488 or 434-846-8171. Check the web at [www.acpl.us](http://www.acpl.us).

## SUMMER READING PROGRAM 2020

Imagine Your Story

Program Kick-off Date: Saturday, June 6th

Location: Madison Heights Library

Reading program Saturday, June 6th – Friday, July 31st

For more information call the library at 434-946-9488 or 434-846-8171. Check the web at [www.acpl.us](http://www.acpl.us).





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# **SECOND ANNUAL AMHERST OUTDOOR EXPO**

**SATURDAY, APRIL 25**

**10am - 5 pm**

**Riveredge Park**

**150 Rocky Mill Rd     Madison Heights, VA**



**Presented by Amherst County  
Recreation and Parks Department  
For more information contact  
434-946-9371**

Rock Climbing Demos  
Fly Tying Demo  
Fly Rod Casting Demo  
Community Bike Ride  
Boat Demos and Tours of the James River

Food Trucks  
Outdoor Gear Vendors  
Family Friendly  
Fun for All Ages  
**FREE ADMISSION**



# **Amherst County's 30th Annual Eggstravaganza**

**Date: Saturday, April 4, 2020**

**Place: Thrashers Lake Park**

**Time: 12:30-2pm**

**Egg Hunt (for 5th grade and younger)**

**Beings promptly at 1:00 pm**

**Bring a big bag or basket to collect eggs**

**Sponsored by: Amherst County Recreation &  
Parks Department in partnership with Amherst  
Public Library & Amherst Girl Scout Trip 1069.**

**For further information call the  
Amherst County Recreation & Parks Dept  
at 434-946-9371**

*In case of rain the event will be held at the  
Amherst Public Library (If in doubt call 434-946-9371)*

**ENJOY GAMES  
AND CRAFTS  
AS WELL!**

# Sports



## ANNUAL PINEY RIVER MINI-TRIATHLON

On the Virginia Blue Ridge Railway Trail Short Race...Long on Fun Race solo or as a team of 2-4 people Run 1.5 miles, Paddle .75 mile, & Bike 2.5 miles Awards for 1st, 2nd, & 3rd place finishers in each class Classes: Solo-Youth, Male, Female Team- All Male, All Female, Coed Register online at the website listed below. Preregistration is recommended but not required.

Date: Saturday, April 11th

Time: Check in: 9-11AM Race start: 11:30AM

Fee: \$20/Solo, \$35/Team of 2, \$45/Team of 3 or 4, \$45 for a family (Mom, Dad, kids)

For information log on to: [www.NelsonCountyVA.org](http://www.NelsonCountyVA.org)

## 10th IRON 5K RUN/WALK

The Iron 5K run/walk, presented by Iron Lives Inc.. This event will benefit students in Central Virginia Public Schools by providing funds for the IRON Lives program's student focused activities.

Date: Sunday, April 19th

IRON 5k Start time is 3:00PM. An award ceremony for Overall and Age Group categories will follow the race.

Location: Race start and finish is located at Amherst Country High School, 139 Lancer Lane, Amherst, VA 24521

## KIDS 1 MILE FUN RUN

(ages 5-12) will begin once the 5k has concluded (approx. 4:00PM) and will take place on the Amherst Country High School track. All children who participate in the fun run will receive a finisher medal.

Prices: IRON 5k: \$25 (\$30 after 3/14) (Packet Pickup/Race Day \$35)

IRON 5k (12 & under): \$15.00 (\$20.00 after 3/14) (Packet Pickup/Race Day \$25)

KIDS 1 MILE FUN RUN: \$10.00 (Packet Pickup/Race Day \$15)

## SHOOTING & ARCHERY

The Izaak Walton League is a conservation organization whose members and supporters protect and enjoy America's soil, air, woods, water, and wildlife. Izaak Walton League in Amherst County is located in Madison Heights. Find complete park information at: [www.iwill.org](http://www.iwill.org).

## Youth Sports

### 2020 SPRING SOCCER FOR YOUTH

For Ages: Children born during the years 2002 – 2015

Fee: February \$51

Date: March \$61 (pending team availability)

Register at: Recreation Office on Mon. thru Fri. between 9:00AM & 4:30PM,

Or on-line, go to [www.countyofamherst.com](http://www.countyofamherst.com)

Season Dates: Practices begin the week of

March 16th. To register on-line, go to [www.countyofamherst.com](http://www.countyofamherst.com)

## 2020 AMHERST DIXIE YOUTH BASEBALL

Opening Day is scheduled for April 18th To find out more about this league you can go to [www.amherstdixieyouthbaseball.org](http://www.amherstdixieyouthbaseball.org)

## 2020 AMHERST COUNTY DIXIE GIRLS SOFTBALL

For girls ages 4-18 years.

To find out more about this league you can go to [www.amherstdixiesoftball.com](http://www.amherstdixiesoftball.com)

## 2020 MADISON HEIGHTS YOUTH BASEBALL ASSOCIATION

To find out more about this league you can go to [www.madisonheightsbaseball.com](http://www.madisonheightsbaseball.com). For more information, call the complex at 434-845-5367

## 2020 FALL YOUTH SOCCER LEAGUE

For Ages: Children born during the years 2002 – 2015

Fee: TBA

Registration begins: May 1st

Register at: Recreation Office

Days: Mon – Fri

Time: 9AM – 4:30PM

24/7 Online: [www.countyofamherst.com](http://www.countyofamherst.com)

Proof of age required for new players

Season Dates: August – October





## AMHERST CLOVER BUDS PROGRAM

For ages 5-9 years of age.

The Clover buds program here in Amherst is a way for younger children to learn and explore different aspects of nature and the outdoors. We meet once a month, organizing activities for the youth to learn and grow from. These activities range from learning about agriculture, flora, and fauna to more adventurous things such as camping, hiking, fishing and more.

For more information, contact the program lead, Ryan Ferro at 434-473-5304 or [Nomadmtnguides@g.mail.com](mailto:Nomadmtnguides@g.mail.com)

## 2nd ANNUAL AMHERST OUTDOOR EXPO

Leave those laptops, computers, Ipads, etc. at home and bring the family outdoors to Riveredge Park where there will be a variety of organizations set up to provide you information, instruction and opportunities to try a variety of outdoor recreational opportunities such as rock-climbing; archery; fishing; etc. FREE!

Date: Saturday, April 25th

Location: Riveredge park

Time: 10Am-5PM

For more information, contact Ryan Ferro at 434-473-5304 or [Nomadmtnguides@g.mail.com](mailto:Nomadmtnguides@g.mail.com)

## BATTEAU CRUISES ON THE JAMES

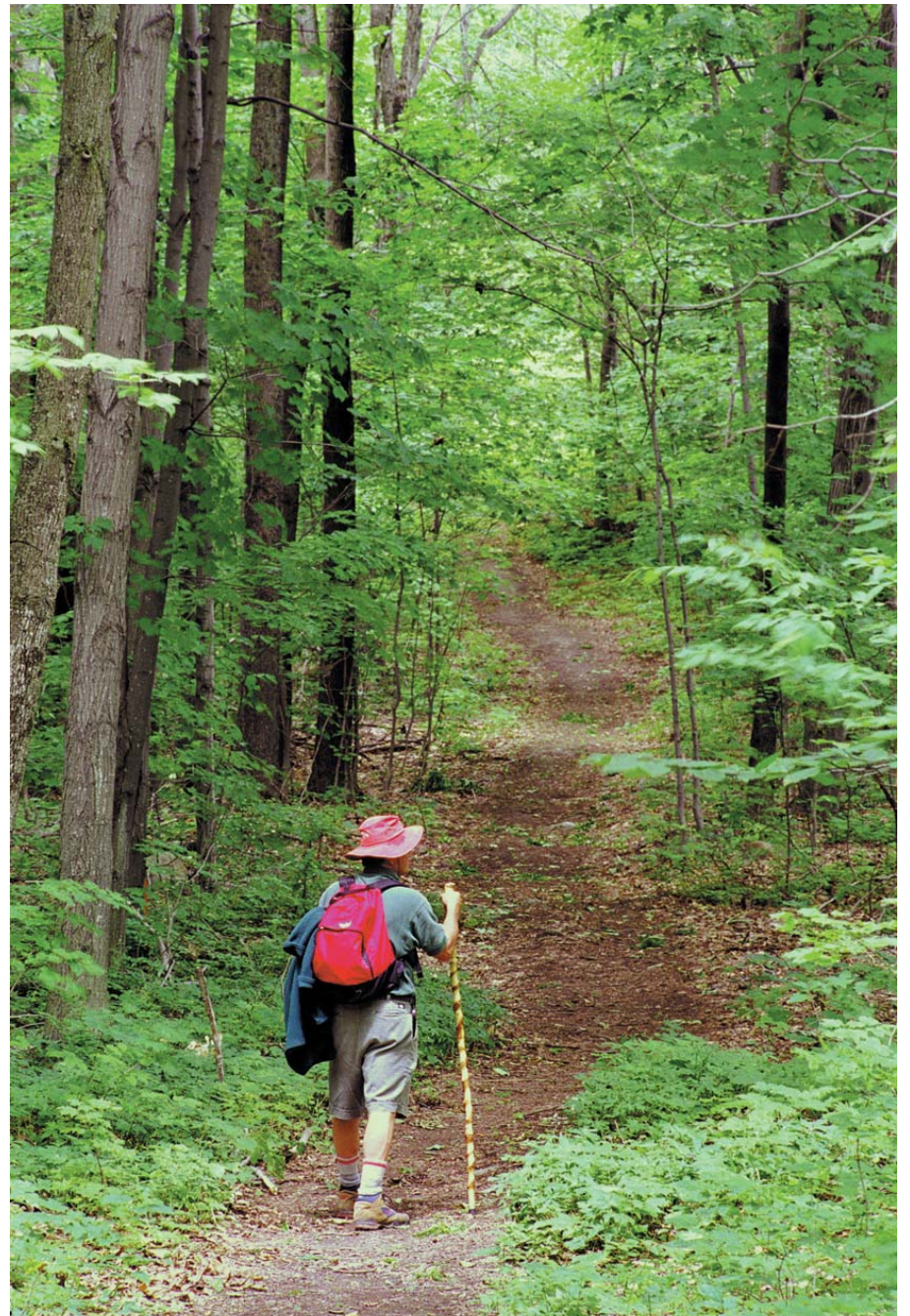
Amherst County is the birth place of the batteau. Now the public has an opportunity to cruise on a batteau on the James River between Memorial Day and Labor Day!

Launch Location: Riveredge Park

Sponsored by James River Adventures. For additional information, call 434-847-1090 or visit [www.jamesriveradventures.org](http://www.jamesriveradventures.org).

## JAMES RIVER ADVENTURES

Located in Amherst County at Riveredge Park, across from historic downtown Lynchburg where you can enjoy cruising the city's riverfront and within minutes be in a beautiful, natural river setting teeming with fish, birds and other wildlife. This section of the river provides a spectacular view as the river winds through riffles, pools and rock ledges. We offer canoeing, kayaking, stand-up paddle boarding and tubing with a great trip for novice and experienced paddlers alike. Take your own historic journey and join us for some fun on the James! For additional information, call 434-847-1090; visit [www.jamesrivereadventures.org](http://www.jamesrivereadventures.org)





Senior Adults, Join Us in 2020 For Amherst County's



# SOCIALS FOR SENIORS

Enjoy the food, entertainment, door prizes & fellowship

Madison Heights  
Community Center  
11:30am - 1:30pm  
(Doors open at 11am)

**FREE!**

*Reservation Required*

Join Us the  
**Third Mondays** of  
April, May, June,  
July, August,  
September & November



# Senior Adult Programming



## SEASONED CITIZENS' CENTERS

Currently, there are two center sites in Amherst County. The schedule of activities varies greatly, including table and card games, covered dish lunches, arts and crafts, local shopping and sight-seeing trips, nutrition specialists, health screenings, and an assortment of other special events. Call the Recreation Department for a monthly calendar. Get involved! Bring your friends and make new ones!

## NORTHMINSTER PRESBYTERIAN CHURCH

Location: US 29, Madison Heights  
Dates: Mondays and Wednesdays  
Time: 10AM-2PM

## SECOND STAGE

Location: Second St, Amherst  
Dates: Tuesdays and Thursdays  
Time: 10AM-2PM

## AEROBICS (6 week session)

Low Impact. Bring to class a mat or towel  
Dates: Tuesdays & Thursdays  
Sessions begin: February 25th  
Time: 6-7:15 PM  
Location: Amherst Elementary School  
Fee: \$25/person/session  
Instructor: Darlene Terry  
Register: On Site or 434-946-9371

## PICKLEBALL

What is "Pickleball"? Pickleball is a fun, easy-to-learn racket sport. It's less running and less risk of injury for the players. It's easier on the joints, so pickleball attracts many ex-tennis or racquetball players that used to play tennis or badminton as a kid.

Location: Sweet Briar College

Days: Mondays & Thursdays (ongoing)

Time: 6 – 8PM

Fee: \$2/person/night

Contact Amherst County Recreation & Parks Dept at 434-946-9371



## B-I-N-G-O

Come join the fun and get caught up in the exhilaration of waiting to be the first to call that little 5 letter word.... BINGO!

Dates: Fridays

Time: 10AM-12 Noon

Location: Coolwell Community Center

Fee: FREE

For additional information, call the Recreation Department at 434-946-9371

# Senior Adult Programming

## **SOCIALS FOR SENIORS!**

An extraordinarily popular event is back again this year! Senior citizens are invited to attend these FREE monthly socials where socializing, food and entertainment are in store!

Dates: 3rd Mondays, monthly

(April 20th, May 18th, June 15th, July 20th, August 17th, September 21st, November 16th)

Location: Madison Heights Community Center

Time: 11:30-1:30PM

Fee: FREE

Registration is required – deadline - 1 week in advance – call 434-946-9371.

## **AARP SMART DRIVERS Course** (2 days)

This program is designed especially for motorists age 50 and older. It is an eight hour refresher course to help aging drivers understand normal changes in vision, hearing and reaction time, and it provides practical techniques to compensate for these changes. The course includes the problems of aggressive driving, car crime, driving distractions, a video and much more. Successful completion of course qualifies students for a discount on car insurance.

Date: Wednesday, April 22nd & Thursday, April 23rd (both days)

Time 9AM– 1PM

Location: Monroe Community Center

Fee: \$15/person/member

\$20/person/non-member

Registration is required – deadline - 1 week in advance – call 434-946-9371

## **GET MOM MOVING – Activities for the Mind, Body & Soul**

A web based program that explores and addresses matters of interest and concern for senior adults. Sponsored by Home Instead Senior Care; an affiliate of the American Alliance for Health, Physical Education, Recreation and Dance. For information and details visit [www.getmommoving.com](http://www.getmommoving.com).

## **42nd ANNUAL Virginia Senior Games 2020 -Where Athletes are Forever Young!**

Dates: May 12th -16th

In the Greater Richmond Area

Virginia Senior Games is open to individuals 50 years of age and older. Events included are both physical & social, including archery, swimming, track & field, canasta, croquet, table tennis, bowling, billiards, tennis, shuffleboard, & more. Participants are grouped by the age categories of 50 to 54; 55 to 59; 60 to 64; etc. The age group a participant is in depends on how old they will be at the end of the Games' year. For example, if an athlete turns 55 in September of 2010, and the games are in May 2020, that athlete will compete in the 55 to 59 age division. The purpose of the Games is to promote physical and social wellness for Senior Adults. Virginia Senior Games is recognized by the National Senior Games located in Baton Rouge, LA. The Virginia Senior Games is positioned to expand with the ever increasing senior population. Pick up your Athlete Information and Registration Book at the Recreation & Parks Department or visit [www.VirginiaSeniorGames.org](http://www.VirginiaSeniorGames.org)

The Amherst County Recreation Department  
is sponsoring a bus trip to:  
LANCASTER, PA

Sight & Sound Theater  
**QUEEN ESTHER;**

Hershey Farm Inn Restaurant;  
Amish Farm; Kitchen Kettle Shops

**Dates: July 23-24**

To receive an itinerary and make your reservations  
Call Sara Lu Christian at 434-946-9371

Cost: \$275/per (based on double occupancy)  
includes 2 meals, 1 show, Amish Village, Motor Coach  
transportation, hotel and more  
\$75/person deposit is due to reserve a seat  
Balance due before 6/20/20







# WANTED!!

Do you garden, carve, quilt, stitch, build or construct, paint, sculpt, play music, collect, travel or have a special interest or talent? If you would be willing to share these talents with senior adults at the county's senior centers, please call the Recreation Department @ 434-946-9371.

Also, if there is a program you would like to see offered or if you or someone you know has experience instructing classes, or creating new and exciting programs, contact the Recreation Department @ 434-946-9371.

## Special Events

### PHOTO CONTEST!

The County is seeking photos of scenic spots in the county for tourism marketing purposes. Grab your camera and go explore our beautiful county while taking some pictures that may appear in future magazines, tabloids, and brochures, county web site, etc! Photographers submitting a photo used for marketing purposes will receive a county t-shirt. Call the Recreation & Parks Department for further details.

### 2ND ANNUAL SCLERODEMA WALK FOR A CURE

Come join us for the 2nd Annual Scleroderma Walk for a Cure!

Date: March 7, 2020

Time: 9:00 AM - 1:00 PM EST

Location: Sweet Briar College

Registration Fee: \$20/person (children under 7 – free)

Website: <https://www.facebook.com/SFGWDC/>

Registration at 9 am. Walk begins at 10 am.

Contact: [Suzanne.raine@gmail.com](mailto:Suzanne.raine@gmail.com) or [mwhite@sbc.edu](mailto:mwhite@sbc.edu)

Sponsored by GFWC Amherst Woman's Club, Inc. & Sweet Briar College.

### ROTARY CLUB of AMHERST PANCAKE DAY

Date: Friday, March 20th

Time: 6:30AM-8PM

Location: Ascension Episcopal Church, Main St., Amherst

### ANNUAL EGGSTRAVAGANZA

Bring the family and come join in this traditional fun-filled event. The hunt will begin promptly at 1PM.

Weather permitting, this is also a good chance for a family picnic or to do a little fishing....

Don't forget to bring a bag or basket for collecting the eggs!

This event is free! [Candy Hunt is limited to youth in 5th grade and under]

Date: Saturday, April 4th

Time: 12:30-2:00PM

Location: Thrasher's Lake Park

For further information, call the Recreation Department @ 434-946-9371

### ANNUAL PINEY RIVER MINI-TRIATHLON

Short Race...Long on Fun. Race solo or as a team of 2-4

people. Run 1.5 miles, Paddle .75 mile, & Bike 2.5 miles

Awards for 1st, 2nd, & 3rd place finishers in each class

Classes: Solo-Youth, Male, Female Team- All Male, All Female, Coed

Preregistration is encouraged but not required. Registration forms can be printed and mailed in with payment.

Date: Saturday, April 11th,

Time: Check in: 9-10:30am Race start: 11:30am

Location: Virginia Blue Ridge Railway Trail

Start: Rose Mill Trailhead

Finish: Piney River Trailhead

Fee: \$20/Solo, \$35/Team of 2, \$45/Team of 3 or 4, \$45 for a family (Mom, Dad, kids)

Contact: Claire Richardson

Phone: 434-263-7130

e-mail: [crichardson@nelsoncounty.org](mailto:crichardson@nelsoncounty.org)

For information log on to: [www.NelsonCountyVA.org](http://www.NelsonCountyVA.org)

# Special Events

## 10th IRON 5K RUN/WALK

The Iron 5K run/walk, presented by Iron Lives Inc. This event will benefit students in Central Virginia Public Schools by providing funds for the IRON Lives program's student focused activities. [www.ironlives.com](http://www.ironlives.com)

Date: Sunday, April 19th

Time: Start time is 3:00PM

Location: Amherst County High School

IRON 5k, Kid's 1 Mile Fun Run (ages 5-12)

An award ceremony for Overall and Age Group categories will follow the race. KIDS 1 MILE FUN RUN (ages 5-12) will begin once the 5k has concluded (approx. 4:00PM) and will take place on the Amherst Country High School track. All children who participate in the fun run will receive a finisher medal.

Prices: IRON 5k: \$25 (\$30 after 3/14) (Packet Pickups/Race Day \$35)

IRON 5k (12 & under): \$15.00 (\$20.00 after 3/14) (Packet Pickups/Race Day \$25)

KIDS 1 MILE FUN RUN: \$10.00 (Packet Pickups/Race Day \$15)

## 2nd ANNUAL AMHERST OUTDOOR EXPO

Leave those laptops, computers, ipads, etc. at home and bring the family outdoors to Riveredge Park where there will be a variety of organizations set up to provide you information, instruction and opportunities to try a variety of outdoor recreational opportunities such as rock-climbing; archery; fishing; etc. FREE!

Date: Saturday, April 25th

Location: Riveredge park

Time: 10Am-5PM

For more information, contact Ryan Ferro at (434)473-5304 or [Nomadmtnguides@g.mail.com](mailto:Nomadmtnguides@g.mail.com)

## CELEBRATE OLD TOWN AMHERST

An extravagant and exciting event is planned in the town of Amherst! Four cornerstone events taking place on one date: Village Garden Club's GardenFest plant sale; St. Francis of Assisi's yard sale; and the Amherst Fire Dept's Annual Steak and Chicken dinner.

There will be sidewalk sales; restaurant food sales; arts and crafts vendors; music all day; Historical Museum special Old Town exhibit; walking tours; and so much more!

Date: Saturday, April 25th

Time: 11AM-3PM

For more information go to Amherst Village Garden Club's facebook page.

## VIRGINIA HOUSE & GARDEN TOURS, 2020 OFFERED STATEWIDE

Each spring visitors are welcomed to over 250 of Virginia's most beautiful gardens, homes and historic landmarks during "America's Largest Open House." This 8-day statewide event provides visitors a unique opportunity to see unforgettable gardens at the peak of Virginia's springtime color, as well as beautiful houses sparkling with over 2,300 flower arrangements created by Garden Club of Virginia members.

Dates: April 18th -25th

Tour proceeds fund the restoration and preservation of more than 40 of Virginia's historic public gardens and landscapes, a research fellowship program, and a Garden Club of Virginia Centennial project with Virginia State Parks. Visit [www.vagardenweek.org](http://www.vagardenweek.org)

## MOTHER'S DAY PICNIC

Pack a picnic and take your mother out to enjoy a picnic at one of the county parks!

DON'T FORGET THE CAMERA!

Date: Sunday, May 10th

Time: Anytime during park hours

Location: Coolwell Park or Riveredge Park or Monacan Park or Thrashers Lake Park or Stonehouse Lake Park or Mill Creek Lake Park







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**Rick Sykes, DDS**



**Michelle Blair, FNP**



**Melissa Bond, FNP**



**Tabatha Davis, MD**

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**Connect with Us**  
[brmedical.org](http://brmedical.org)



Spend the weekend visiting with some of the finest Native American crafts people and artists from the United States and Canada. All art and crafts are for sale. A time filled with native drums and dancers in full regalia. Share a spirit of community not often found. Treat yourself and your family to a unique opportunity. Grounds open daily at 10 AM. Saturday grounds close at 9 PM following dancing around the bonfire. Sunday grounds close at 6 PM. Route 130, 6 miles west of State Highway 29, in Elon, Virginia. Come rain or shine, and bring your lawn chairs. This is a family event; no drugs, alcohol or pets permitted.

Dates: Saturday, May 16th - Sunday, May 17th  
(Opens daily @ 10:00 AM)

For more information visit [www.monacannation.com](http://www.monacannation.com)

## SECOND STAGE FARMERS' MARKET, 2020

Summer Farmers' Market, sponsored by Second Stage, will be back again this summer. Located at 194 Second Street, at the corner of 2nd and Washington Streets in downtown Amherst, VA. For details, and calendar, visit [www.secondstageamherst.org](http://www.secondstageamherst.org)

## BATTEAU CRUISES ON THE JAMES

Amherst County is the birth place of the batteau. Now the public has an opportunity to cruise on a batteau on the James River between Memorial Day and Labor Day! Launch Location: Riveredge Park .Sponsored by James River Adventures. For additional information, call 434-847-1090 or visit [www.jamesriveradventures.org](http://www.jamesriveradventures.org).

## 21st NATIONAL TRAILS DAY

Bring your entire family out to enjoy any one of Amherst County's popular hiking/biking trails! There is the Riveredge Park Trail, the James River Heritage Trail, the Coolwell Park trail, Sweet Briar College Trails, the Appalachian Trail, the Virginia Blue Ridge Railway Trail. For additional information, visit [www.americanhiking.org](http://www.americanhiking.org) Date: Saturday, June 6th

## Family Health & Fitness Day

Celebrated the second Saturday in June each year,

this special day promotes the importance of parks and recreation in keeping communities healthy

Date: Saturday, June 13, 2020

## 35th ANNUAL JAMES RIVER BATTEAU FESTIVAL

Dates: Saturday, June 20th - Saturday, June 27th  
Pre-festival events taking place on Friday, June 19th.  
Bateau launch from Percival Island at 11AM on Saturday, June 20th. For more information and details visit [www.batteau.org](http://www.batteau.org)

## FATHER'S DAY PICNIC

Pack a picnic and take your father out to enjoy a picnic at one of the county parks! Do a little fishing along the river or at one of the lakes. **DON'T FORGET YOUR CAMERA!**

Date: Sunday, June 21st

Time: Anytime during park hours

Location: Coolwell Park or Riveredge Park or Monacan Park or Thrashers Lake Park or Stonehouse Lake Park or Mill Creek Lake Park

## 11th ANNUAL VIRGINIA SUMMER SOLSTICE WINE FESTIVAL

An exciting event for the whole family. Celebrate local wines, enjoy live music on two stages, great festival foods, local growers, arts and crafts. Wine tasting tickets include a free souvenir glass. Admission is free for kids 12 and under.

Date: Saturday, June 20th

Location: Lazy Days Winery; 1351 N. Amherst Highway; Amherst, VA

Times: 11AM-6PM

For more information go to [www.summersolticefestival.com](http://www.summersolticefestival.com)

## JULY - Park and Recreation Month

We know that parks and recreation isn't always all fun and games, but this July, we want to celebrate everything that makes our field fun, joyful and full of excitement! So, start lacing up your fun shoes and get ready to get in the game this July.



## **4th ANNUAL AMHERST COUNTY BATTEAU DAY**

Honoring Benjamin and Anthony Rucker, inventors of the James River Batteau. Join the celebration which includes the unveiling of historic markers pertaining to the Rucker brothers and the batteau, living history interpreters including the Rucker brothers, a blacksmith, period musicians, activities for families, and food vendors.

Location: Riveredge Park

Date: Saturday, July 25th

Time: 10AM-4PM

For more information contact the Amherst County Museum and Historical Society, 434-946-9068 or Amherst County Parks and Recreation, 434-946-9371. Program is made possible by funding from The Greater Lynchburg Community Trust.

## **AMHERST COUNTY MUSEUM & HISTORICAL SOCIETY PROGRAMS**

Cows in the Museum Exhibit — Through Spring 2020.

Check out the Museum's exhibit on Amherst County cows.

Open Tuesday through Friday, 10 a.m. – 4 p.m. Free.

ACMHS

## **AMHERST COUNTY NOTABLES EXHIBIT – THROUGH SPRING 2020**

Learn about the many notable Amherst County citizens, including Queena Stovall, Manning Long, and Peter Williams.

Open Tuesday through Friday, 10 a.m. – 4 p.m. Free.

ACMHS

## **LAYOUT OF CEMETERIES AND TOMBSTONE CLEANING**

Sandi Esposito and John Mason. Discover how cemeteries and graves are laid out, tombstone symbolism and methods of cleaning stones

Date: Sunday, February 9th

Time: 2:30PM

Location: Hamble Center-ACMHS

Fee: Free

Program made possible by funding from the Greater Lynchburg Foundation.

## **THE MYSTERIOUS MT. EDLO**

Douglas MacLeod and Roderick Bryant. Looking at old maps reveal an Amherst County mountain named Edlo. Come discover more about this mysterious mountain.

Date: Sunday, March 15th

Time: 2:30PM

Location: Hamble Center-ACMHS

Fee: Free

Program made possible by funding from the Greater Lynchburg Foundation.

## **RESTORATION AT ITS BEST: HORSE-DRAWN BUGGIES AND BLUE RIDGE RAILWAY CABOOSE #2**

Join others on a field trip to experience saving history at Chalklevel Carriage and Buggy Works and Caboose #2 in Piney River, led by Ted Hughes. Meet at the Chalklevel Carriage and Buggy Works.

Date: Saturday, April 4th

Time: 9:30AM

Call Museum to register for trip, 434-946-9068

Program made possible by funding from the Greater Lynchburg Foundation.

## **THE REVEREND ROBERT ROSE**

Date: May TBA

On Parson Rose's tombstone is carved the words, "His extraordinary genius and capacity in all the polite and useful arts of life, though equaled by few, were yet exceeded by the great goodness of his heart.... In his friendship he was warm and steady; in his manners gentle and easy; in his conversation entertaining and instructive."

Discover more about Scottish Parson Rose who came to Virginia in 1724 at the age of 20.

Location: Hamble Center - ACMHS

Fee: Free

Program made possible by funding from the Greater Lynchburg Foundation.

## **AMHERST GLEBE ARTS RESPONSE – AGAR**

AGAR is an organizations that commissions, produces, and presents an annual Amherst Chamber Music Series by professional performers in local venues. For additional information, visit [www.amherstglebeartsresponse.org](http://www.amherstglebeartsresponse.org) or call 434-989-3215

# Theme Park 2020 Discount Tickets



Purchase your 2020 Theme Park Tickets at  
**Amherst County Recreation and Parks Department**  
**Beginning in March**  
Prices to be Announced

For for more information call 434-946-9371

Amherst County Recreation and Parks Department will be offering discount tickets to Kings Dominion\*, Busch Gardens\* & Water Country for the 2020 season. These tickets will be available for individual and group sales. Planning ahead for your theme park get-away enables you to take advantage of significant savings offered in special promotions. For additional information, call the Recreation & Parks Department at 434-946-9371 or visit [www.countyofamherst.com](http://www.countyofamherst.com). (\*Busch Gardens Opening Saturday, March 21st & Kings Dominion opening Saturday, March 28th)

## County Community Center, Parks and Trails

Amherst County is known and popular for its scenic beauty and natural settings. There are a variety of parks within the county offering a tremendous amount of HELP to those who use them: Health, Enjoyment, Leisure, and Pleasure are the benefits for those seeking such and discovering and exploring the AMHERST OUTDOORS! The county maintains several parks in very attractive settings throughout the county. Some are on the historic James River and some are at the foot of the fabulous Blue Ridge Mountains. Pack a picnic, round up the family, gather up the fishing gear, DON'T FORGET THE CAMERA and get out to visit each park and determine which park is the family favorite!

\*County park hours are one hour after sunrise and one hour before sunset. [Please note that county code stipulates that consumption of alcoholic beverages is strictly prohibited on all county property.]

### BRAND NEW IN 2020 PUBLIC SWIMMING AT MILL CREEK LAKE

#### MONROE COMMUNITY CENTER

129 Francis Ave., Monroe, VA  
In July, 2015, the Amherst County Recreation & Parks Department found a new home in the former Monroe Alternative School, and built as an elementary school in 1935. There are lots of memories and stories associated with the building! Now there are an assortment of programs and activities scheduled at the center as listed in this tabloid. For additional information, visit [www.countyofamherst.com](http://www.countyofamherst.com).

#### COOLWELL PARK, COMMUNITY CENTER & OUTDOOR AMPHITHEATER

646 N. Coolwell Road, Amherst, VA  
Located on Coolwell Road, south of the Town of Amherst, this recreational park has a picnic area with grills, a picnic shelter, a play area for children, restrooms, lighted all-purpose fields (soccer, football, and softball), outdoor basketball courts, a nature trail and an outdoor amphitheater. The community center located in the park is available to civic organizations and school groups on a reservation basis. It is also available for rent to private individuals on a reservation (rental fee) basis. For additional information call the Recreation Department at 434-946-9371.

#### MONACAN PARK

1159 Monacan Park Road, Madison Heights, VA  
This park is located on the scenic and historic James River. The park offers a boat ramp and boat dock for access to the river, fishing benches, a covered picnic pavilion and picnic area, restroom facilities, AND A BRAND NEW PLAYGROUND for children. It is located in the Elon area of the county. Directions: take Rt. 130 W. to Elon. Turn left on Monacan Park Rd. The park is located at the end of the Monacan Park Road.

#### RIVEREDGE PARK

150 Rocky Hill Road, Madison Heights, VA  
Located at the base of Rocky Hill Road, on the James River, directly across from Downtown Lynchburg, this park, which overlooks the James River Fountain, offers boat and fishing access to the James River, as well as a walking trail along the river edge.

#### MILL CREEK LAKE PARK

238 Mill Creek Lake Road, Amherst, VA  
Located in the Temperance area of the county, this park is considered by many residents to be the most scenic with a clear view of Mt. Pleasant and is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail [[www.dgif.virginia.gov](http://www.dgif.virginia.gov)]. Furthermore, this park is extremely popular with the fishermen! It rests on a 190 acre watershed lake that is open for fishing AND PUBLIC SWIMMING. No gasoline powered boats allowed. The park consists of a boat ramp, picnic tables and grills, play area for children and restroom facilities. Directions: turn onto Rt. 778 off of Rt. 60 west. Turn right on Rt. 610. Follow the signs.

#### STONEHOUSE LAKE PARK

294 Stonehouse Lake Road, Amherst, VA  
Located in the Temperance area of the county, this park rests on a beautiful 41 acre watershed lake and is open for fishing only (no swimming). This park is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail. [[www.dgif.virginia.gov](http://www.dgif.virginia.gov)]  
There is a boat ramp providing access into the lake (no gasoline powered boats allowed). A covered picnic pavilion, picnic tables and grills, a play area for children and restroom facilities makes this park an attractive setting for family/group picnics and activities. Directions: turn on Rt. 778 off of Rt. 60 W. Turn left onto Rt. 610. Follow the signs.

#### THRASHERS LAKE PARK

223 Thrashers Lake Road, Amherst, VA  
Located in the Temperance area of the county, this park rests on an attractive 36 acre watershed lake open for fishing only (no swimming). This park is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail [[www.dgif.virginia.gov](http://www.dgif.virginia.gov)]. It consists of a boat ramp (no gasoline powered boats allowed) picnic tables and grills, a play area for children and restroom facilities. Directions: turn onto Rt. 778 off of Rt. 60 W. Turn left on Rt 610. Follow the signs.

**NIGHT FISHING LICENSES** for night-time fishing at the county lakes are available for purchase at the Recreation Department; 129 Francis Ave., Monroe, VA  
Current VA fishing license is necessary.  
Fee: \$10/county resident  
\$15/non-county resident

#### AMHERST MOUNTAIN BIKE (CLUB) TRAIL LOOK FOR DETAILS ON THE GRAND OPENING THIS SPRING FOR

for the Mountain Bike Trail in the L. Barnes Brockman Sr. Busines & Industrial Park located off US 60.  
Details to be announced!

#### JAMES RIVER HERITAGE TRAIL

This blacktop hiking/biking trail is part of the Peaks of Otter Loop on the Virginia Birding and Wildlife Trail [[www.dgif.virginia.gov](http://www.dgif.virginia.gov)] and has two access points. One is from Percival Island Natural Area. The trail extends from Lynchburg's Blackwater Creek Trail, crossing the railroad trestle onto Percival Isle from Lynchburg. It traverses the island for about one mile along an old railroad bed. The trail continues across the James River on another trestle, and continues along the James River in Amherst County for another 1 ½ miles. This is a beautiful scenic walk or bike ride through an historical area. The trail is also accessible in Amherst County at the end of Fertilizer Road [enter via the Central Virginia Training School]. Be sure to explore the exhibit, VIRGINIA ROCKS, at the JRHT trailhead at the base of Fertilizer Road. This was an Eagle Scout Project completed in March, 2009, by Draper Lee, of Troop 29 BSA.



# Amherst EATs @ Second Stage



**Amherst EATS  
(Empowering Amherst's Trailblazers)  
@ Second Stage  
May 2, 2020, 6:00 p.m.**

AN EVENING EVENT SPONSORED  
BY SECOND STAGE,  
FEATURING AMHERST COUNTY  
GROUPS AND INDIVIDUALS  
PITCHING INNOVATIVE  
PROJECTS THAT WILL  
BENEFIT THE COMMUNITY.  
ATTENDEES WILL VOTE FOR THE  
IDEA WITH THE MOST  
POTENTIAL AND AWARD A  
MICROGRANT TO THE WINNER.

For more information, visit  
[SecondStageAmherst.org](http://SecondStageAmherst.org)

434.941.0997  
[SecondStageAmherst.org](http://SecondStageAmherst.org)  
[AmherstEATs@gmail.com](mailto:AmherstEATs@gmail.com)



## 2020 Census Information & Questionnaire Assistance

Everyone counts in the 2020 Census! Your response is important and will impact funding, representation and redistricting for our community for the next 10 years. Completing the questionnaire is easy and can be done online, by phone or by mail. Starting in March, every household in Amherst County will receive information in the mail with details about how to complete the census questionnaire. Please respond and be sure to count everyone who lives with you.

If you would like additional assistance, please join us for one of our community information sessions. A Census representative will be available to answer questions and assist you. Learn more about the census at [www.2020census.gov](http://www.2020census.gov).

Together, we can ensure that  
our community receives the  
resources it needs.

Learn more at  
[2020census.gov](http://2020census.gov)

United States®  
**Census  
2020**

**Kristy R. Robinson, O.D.  
Katherine R. See, O.D.**



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**5076 S. Amherst Highway  
Madison Heights, VA 24572  
(434) 846-7822**

 [www.madisonheightseyecare.com](http://www.madisonheightseyecare.com)



### RIVEREDGE PARK TRAIL

In keeping with the county vision to create a trail extending from Riveredge Park to the James River Heritage Trail, another portion of hiking/biking trail has been completed at Riveredge Park that now extends along the James River bank beyond the Carter Glass Bridge.

### VIRGINIA BLUE RIDGE RAILWAY TRAIL

This trail is idyllically located in the rolling Virginia countryside and follows the banks of the Piney and Tye Rivers along the path of the longest running, commercially successful short-line railway in America. It is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail [www.dgif.virginia.gov]. This trail provides a perfect opportunity to relive the historically significant events that developed and changed Amherst and Nelson Counties. Recent additions to this trail are a covered bridge, a caboose (original to the VBRR and under refurbishment), and a restored weigh station. The two access points are located at Piney River and Roses Mill.

### BROTHER BASIL NATURE TRAIL

Located at Coolwell Park, this ¼ mile trail, located behind the outdoor amphitheater. Go exploring and check it out!

### APPALACHIAN TRAIL

Approximately 25 miles of this trail passes through Amherst County from the Nelson County line to the James River, crossing over the James River Foot Bridge into Bedford County. There are many beautiful and scenic trails that run through the mountains of the county. Enjoy the sights from Mt. Pleasant, Cole Mountain, Tar Jacket, and Rocky Row Run, just to name a few.

### HENRY LANUM MEMORIAL TRAIL

This trail was named after Henry L. Lanum, Jr., a long time trail maintenance supervisor for the Natural Bridge Appalachian Trail Chapter of the Appalachian Trail Club. Located in the Mount Pleasant National Scenic Area, this 4.8 mile loop leads to the 4,071 foot summit of Mount Pleasant with panoramic 360 degree views high atop Amherst County!

### OLD HOTEL TRAIL

A 5-mile loop, when combined with the Appalachian Trail, across the meadows on the summit of Cole Mountain with fantastic views of the Amherst foothills and the western valley.

### VIRGINIA BIRDING & WILDLIFE TRAIL

From the Atlantic Ocean of Virginia's eastern border, to the towering Mt. Rogers at its southwest corner, the Commonwealth includes every bird

and animal habitat that occurs naturally between Maine and Florida. Virginia also offers a long history, rich culture, and tradition of warm hospitality to welcome visitors. Within Virginia's 43,000 square miles of diverse natural habitat, you can find some 400 species of birds, 250 species of fish, 150 species of terrestrial and marine animals, 150 species of amphibians and reptiles, and a wide variety of aquatic and terrestrial invertebrates. The Virginia Birding and Wildlife Trail celebrates this diversity. In fact, it is the first statewide program of its kind in the United States. All three phases of the trail link wildlife viewing sites throughout the state have been completed: The Coastal, Piedmont, and Mountain Phases. Amherst County has several trail loops listed in the Mountain Phase trail system. The Peaks of Otter Loop includes the James River Heritage Trail along the southern border of the county. The Sleeping Giant Loop, includes Mt. Pleasant Scenic Area, Mill Creek Lake, Stonehouse Lake, Thrashers Lake, as well as the Virginia Blue Ridge Railway Trail. For further information or for a map of one of the three phases, visit the Amherst County Recreation Department or contact the Virginia Tourism Corporation @ 1-800-VISITVA or visit www.dgif.state.va.us.

### SOUTH PEDLAR ATV TRAIL SYSTEM

The Terrapin and Rattlesnake trailhead parking lots are posted along Rt. 130. For more information contact the Glenwood /Pedlar Ranger District of the National Forest Service @ 540-291-2188. For an Amherst County Parks & Trails Guide, visit www.countyofamherst.com

For a calendar of hikes sponsored by the Natural Bridge Appalachian Trail Club, visit www.nbatc.org



## Scenic Areas

Amherst County has been promoted as "Virginia's Most Civilized Wilderness". Part of the rationale for this 'Claim to Fame' is that nearly 1/3 of Amherst County (northwest) is located in the GEORGE WASHINGTON NATIONAL FOREST. Hunting, camping, hiking, nature and wildlife watching enthusiasts enjoy the benefits of the GWNF in Amherst County. Scenic view sheds, overlooks, waterfalls, and more – it's all here! For additional information, visit www.fs.fed.us.

### BLUE RIDGE PARKWAY

Outstanding scenery and recreational opportunities make the Blue Ridge Parkway one of the most popular units of the National Park System. "America's Favorite Drive" winds its way 469 miles through mountain meadows and past seemingly endless vistas. Split-rail fences, old farmsteads and historic structures complement spectacular views of distant mountains and neighboring valleys." Access to the Blue Ridge Parkway in Amherst County is on Rt. 60 and Rt. 130/501. For more information, visit www.blueridgeparkway.org

### MOUNT PLEASANT NATIONAL SCENIC AREA

Located in the Glenwood and Pedlar Ranger Districts of Amherst County, this 7,580 acre area is part of the George Washington National Forest and is accessible by Route 60 West. It is part of the Sleeping Giant Loop on the Virginia Birding and Wildlife Trail [www.dgif.virginia.gov]. Mount Pleasant National Scenic Area offers excellent opportunities for solitude and serenity and is very popular for various forms of dispersed recreation including hiking, hunting, and fishing. The core of the Mount Pleasant National Scenic Area is remote in appearance. Motor vehicles are permitted only on open roads. For additional information, visit www.fs.fed.us.

## Camping

### LYNCHBURG NW/BLEUE RIDGE PARKWAY KOA

A family campground in the Blue Ridge Mountains, full of fun and activities including swimming, ATV trail, special events; along with a camp store and gift shop and much more. 6252 Elon Road; Monroe, VA [Rt. 130 west of Elon and a mile east of the Blue Ridge Parkway. For more information, call 434-299-5228 or visit www.koa.com/campgrounds/lynchburg

## Horse Back Riding

Amherst County is rich in outdoor beauty! From the mountain tops to the valleys, there are breathtaking views. What better way to experience those views than on horseback. There are several options in Amherst County for boarding horses and taking lessons.

**COUNTRY MEADOW FARMS** - located at 162 Buffalo Ridge Rd; Amherst. visit www.equestiranpasson.com or call 540-817-5982

**ROYAL DELIGHT STABLE** - located at 378 Alcock Rd; Amherst. visit www.royaldelightstables.com or call 434-660-6979

**RIVERS EDGE FARM** - located at 172 Deer Crossing Lane, Madison Heights. visit www.facebook.com/RiversEdgeFarm



# Other Points of Interest in Amherst County

## JAMES RIVER ADVENTURES

Located in Amherst County at Riveredge Park, across from historic downtown Lynchburg where you can enjoy cruising the city's riverfront and within minutes be in a beautiful, natural river setting teeming with fish, birds and other wildlife. This section of the river provides a spectacular view as the river winds through riffles, pools and rock ledges. We offer canoeing, kayaking, stand-up paddle boarding and tubing with a great trip for novice and experienced paddlers alike. Take your own historic journey and join us for some fun on the James! For additional information, call 434-847-1090; visit [www.jamesrivereadventures.org](http://www.jamesrivereadventures.org)

## SECOND STAGE

Under one roof, you can find musical performances, poetry readings, lectures, yoga, drumming, AND MORE! Second Stage produces an on-going series of public events, as well as sponsors a summer community market. Second Stage also rents out space to others to produce public and private events. Located at the corner of 2nd & Washington in Downtown Amherst 194 2nd St. | P. O. Box 342 | Amherst, VA 24521 | [contact@secondstageamherst.org](mailto:contact@secondstageamherst.org) For more information, visit [www.secondstageamherst.org](http://www.secondstageamherst.org)

## AMHERST COUNTY MUSEUM & HISTORICAL SOCIETY

Open Tuesdays through Saturdays and located at 154 South Main Street, Amherst, The mission of the ACMHS is to discover, collect and preserve objects related to the history and genealogy of Amherst County. For additional information call 434-946-9068 or visit <http://members.aol.com/achmuseum>

## MONACAN INDIAN MUSEUM

Open Tuesdays through Saturdays and located at 2009 Kenmore Road, Amherst, the Monacan Ancestral Museum is staffed and operated by volunteers within the tribe, committed to preserving the rich legacy of the Monacan tribe's history and culture.

## SWEET BRIAR COLLEGE FINE ARTS GALLERY

See noteworthy traveling exhibitions, innovative student works, and pieces from the college's extensive collection. For more information, visit [www.sbc.edu](http://www.sbc.edu)

## REBEC VINEYARD

Commanding an expansive view of the Blue Ridge Mountains and located on the historic farm, Mountain View, listed both on the National Register of Historic Places and As a Virginia Landmark. Rebec is a working vineyard with on-premises shop offering tastings, gifts, and a full selection of the vineyards' wines. Located at 2229 N. Amherst Highway (5 miles north of Amherst). Call 434-946-5168 or visit [www.rebecwinery.com](http://www.rebecwinery.com)

## LAZY DAYS VINEYARD

Located at the base of the Blue Ridge Mountains, the Lazy Days Vineyard & Winery offers a broad spectacular view of the natural beauty of Virginia. Close to both Charlottesville and Lynchburg, it's easy to reach Lazy Days and enjoy their Virginia Wines. Located at 1351 N. Amherst Hwy, Amherst, VA. Call 434-381-6088 or visit [www.lazydayswinery.com](http://www.lazydayswinery.com)

## ANKIDA RIDGE VINERYARDS

Far away from the cities on a steep eastern slope of Virginia's Blue Ridge Mountains, sets a little vineyard. The views are majestic and the mountain air is clean and fragrant with seasonal perfumes that are infused into the grapes themselves. Located at 1302 Franklin Creek Road, Amherst. Call 434-922-7678 or visit [www.ankidaridge.com](http://www.ankidaridge.com).

## LOOSE SHOE BREWERY

Our large comfortable taproom features 12 taps that offer a variety of craft beers to suit every palate.

Located: 198 Ambriar Plaza, Amherst, VA

For additional information, call 434-946-BEER or visit [www.looseshoebrewing.com](http://www.looseshoebrewing.com)

## MORRIS ORCHARD

Enjoy the splendor of the orchard in bloom in the spring; come for The peaches and blueberries in the summer; and enjoy picking your own apples off the tree in the fall. There is also a gift shop and petting zoo! [closed January – March]

Located at 226 Tobacco Row Lane. Call 434-929-2401

## WINTON FARM

Offers golf, pro shop, restaurant, and swimming.

For additional information, call 434-946-7336

## IZAACK WALTON LEAGUE

a non-profit national conservation organization with a mission, "To conserve, maintain, protect and restore the soil, forest, water, and other national resources of the United States and other lands, to promote means and opportunities for the education of the public with respect to such resources and their enjoyment and wholesome utilization." Covering 325 acres, it offers a campground, swimming and fishing lakes, picnic areas, playgrounds, and shotgun, rifle, pistol, and archery ranges.

Located at 210 Izaak Walton Park Road; Amherst, VA 24521

Visit [www.lynchburgiwl.org](http://www.lynchburgiwl.org)

## POPLAR GROVE GOLF COURSE

Poplar Grove Golf Club is the final design of golf legend Sam Snead. Teaming up with Ed Carton, formerly of the Tom Fazio design group, Sam Snead's final design effort reflects a culmination of a lifetime in championship golf. 129 Tavern Lane; Amherst, VA. 434-946-9933

## JAMES RIVER STATE PARK

Although it is not in Amherst County, this state park, located in Buckingham County, is relatively close and offers camping, cabins, boating, etc. visit [www.dcr](http://www.dcr).

# Registration Information

**REGISTRATION:** Unless otherwise noted, pre-registration is necessary and will be done on a first-come-first serve basis. Registration for classes may be done by telephone, e-mail, or coming by the Recreation office. Registration for sports leagues must be done in person.

**FEES:** Unless specified, all fees must be paid prior to the day of the activity. Make checks payable to the Amherst County Recreation Department. Your payment will confirm your registration.

**LATE CHARGE:** A late fee will be charged for registrations accepted after a specified registration deadline.

**REFUNDS:** You may request a refund provided you give a 24 hour notice prior to the activity beginning. Refunds are also given when insufficient enrollment cancels the activity.

**CANCELLATIONS:** The Amherst County Recreation Department reserves the right to cancel a program due to insufficient registration or to make late changes. All registrants will be notified of these changes.

**INCLEMENT WEATHER & POSTPONEMENTS:** All class/activities are cancelled for the day when schools are closed due to inclement weather. In the event schools close early, the Recreation Department will make a decision for that program for the evening. Announcements will be made on the Recreation Department's cancellation line - 434-946-9371.

**ALCOHOLIC BEVERAGES, DRUGS & SMOKING:** are strictly prohibited at the recreation programs and on county grounds.

For further information, call the Amherst County Recreation Department at 434-946-9371 between the hours of 8:30AM and 5PM, Mondays – Fridays.

## AMHERST COUNTY RECREATION & PARKS DEPARTMENT

Office Location:  
Monroe Community Center  
129 Francis Ave.  
Monroe, VA 24574

Mailing Address:  
PO Box 556  
Amherst, VA 24521

Office Hours: Mondays – Fridays 8:30AM – 5PM

Office Number (434) 946-9371

FAX Number (434) 946-9370

E-Mail: [slchristian@countyofamherst.com](mailto:slchristian@countyofamherst.com)

Web Site: [www.countyofamherst.com](http://www.countyofamherst.com)

Sara Lu Christian Parks & Recreation Director

Alan Bumgarner Recreation Specialist

Brenda C. Toney Senior Office Associate

### Amherst County Parks, Recreation & Cultural Development Board Members

District 1:	Bailey Angus	(434)907-2348
District 2:	Roni Tuggle	(434)942-6953
District 3:	Heather Follett	(434)841-4032
District 4:	JoJo Allcock	(434)929-4029
District 5:	John Mann	(434)929-1508
BOS Liaison	Tom Martin	(434)946-1235

The Amherst County Parks, Recreation and Cultural Development Board (ACPRCD Board) meets the second Monday of each month at 6:30PM in the Monroe Community Center to review budget, activities, and discuss the future of leisure services in Amherst County. These meetings are open to the public. Individuals and groups are welcome and encouraged to bring matters concerning recreation and parks in the county to these meetings. In order to get on the agenda, please call the Recreation Department at least three weeks prior to a scheduled meeting date.



[Did you know?]

*There are a lot of things for members of the community to do on the Sweet Briar College campus.*

## This is SWEET BRIAR.



**STAY.** The Florence Elston Inn & Conference Center is open to the public. Whether you have guests visiting, are getting married or would like an off-site place to have a company meeting, we have you covered. Learn more at [elstoninn.com](http://elstoninn.com).

**DINE.** Sweet Briar's main dining room in Prothro has great food, thanks to its catering partner, Meriwether Godsey. With nutritious meals and made-from-scratch foods, it's a great place to get a bite to eat. You can also get coffee, a sandwich or snack at Daisy's Café next door. For menus, hours and rates, visit [sweetbriardining.com](http://sweetbriardining.com).

**MOVE.** If you're looking for a place to exercise, you could take a walk around campus or along our 18 miles of trails. Even better, residents of Amherst County can buy memberships to use our Fitness and Athletic Center. To learn more, visit [www.vixenathletics.com](http://www.vixenathletics.com) or call 434-381-6305.

**VISIT.** Twenty-one of its campus buildings are listed on the National Register of Historic Places and the Sweet Briar Museum (open by appointment) maintains a permanent collection of historical decorative arts, photographs, archival documents and publications, clothing, jewelry and memorabilia associated with Sweet Briar ([sbc.edu/museum](http://sbc.edu/museum)). The Anne Gary Pannell Center is the College's principal art gallery and is a venue for lectures and classes as well as other educational programs and public events ([sbc.edu/art-galleries](http://sbc.edu/art-galleries)).

**We can't wait to see you.**

**SWEET  
BRIAR  
COLLEGE**





## AMHERST CHAMBER MUSIC SERIES



### Olivier Messiaen's "Quartet for the End of Time"

**Sunday, March 8, 2020 at 4 p.m.**

**Northminster Ecumenical Church; 106 Clearview Rd., Madison Heights**

This notable chamber work was composed and first performed in 1941 at a Nazi detention camp, while composer Olivier Messiaen was a prisoner. Musicologist and pianist Naomi Amos will give a pre-concert talk.



### LIYA String Quartet: Music for Holy Week: Haydn's "Seven Last Words of Christ"

**Sunday, April 5, 2020 at 4 p.m.**

**Grace Episcopal Church; 1934 Crabtree Falls Hwy., Massies Mill**

Religiously themed music, including "The Seven Last Words of Christ," Franz Joseph Haydn's setting of his work for string quartet.



### opus87 piano quartet: "Music of the Americas"

**Sunday, April 19, 2020 at 4 p.m.**

**Emmanuel United Methodist Church; 401 N. Main Street, Amherst**

Music by 20th- and 21st-century composers from Argentina, Mexico, Puerto Rico, and Uruguay.



### ALKEMIE: "Diana's Hunt: Songs of the Bestiary"

**Sunday, May 10, 2020 at 4 p.m.**

**Amherst Presbyterian Church; 163 Second St.,**

Alkemie joins forces with composer/performer Elliot Cole in new arrangements of music from 14th-century Italy and a newly-composed repertoire inspired by the medieval bestiary. Vielle, harp, recorders, percussion and voices evoke soaring birds, slithering reptiles, wondrous creatures, and the goddesses Diana and Venus. (Photo credit: Philip Ricketts)

## AGAR Amherst Java & Jazz

With help from Second Stage Amherst and Baine's Coffee

**All events 6:30-8:30 p.m.**

**Admission Fee: \$10\***

**Second Stage Amherst, 194 Second Street, Amherst**

\*Admission fee of \$10 includes one cup of coffee, with smoothies, sandwiches, desserts and more available for purchase from Baine's Coffee Shop.

### Flat Five Jazz: A Modern Interpretation of Old Ideas

**Saturday, March 28, 2020**

Josh Barling, trumpet; Justin Berkley, tenor sax; Graham Harris, alto sax, Matthew Billings, piano; Eric Hollandsworth, bass, and Andrew Wert, drums.

### Gus Miller and Musicians

**Friday, April 24, 2020**

Well-known Lynchburg jazz vocalist and "crooner" Gus Miller.

### Quintana

**Saturday, May 30, 2020**

Albert Mallet, alto & soprano sax; Ernest Deane, trumpet & flugel; Glenn Buck, piano, Ed Mikenas, bass; and Malcolm Dentler; percussion.

**TICKETS: FOR CHAMBER SERIES, order through [WWW.LYNCHBURGTICKETS.COM/AGAR](http://WWW.LYNCHBURGTICKETS.COM/AGAR) or purchased at the door starting 45 minutes before each performance.**



**FOR JAVA & JAZZ, purchased at the door starting 45 minutes before each performance — cash and checks only.**

**FOR MORE INFORMATION: [www.amherstglebeartsresponse.org](http://www.amherstglebeartsresponse.org) • FB: AmherstGlebeArtsResponse • PHONE: 434-989-3215**

Amherst Glebe Arts Response, Inc. (AGAR), founded in 2006, is an Amherst County non-profit arts and humanities organization determined by the Internal Revenue Service to be a tax-exempt public charity under section 501(c)(3) of the Code. Current projects are supported in part by the Virginia Commission for the Arts and the National Endowment for the Arts, the Greater Lynchburg Community Foundation, the Centra Foundation, and the Piepho Charitable Fund.

