



## COUNTY OF AMHERST



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### **Amherst County Cooperative Extension Receives Award for Bridge2Health Program**

This week, the Amherst County Cooperative Extension was recognized at the National Association of Community Development Extension Professionals (NACDEP) Conference. The department was the National Winner for Creativity and Innovation for the Bridge2Health (B2H).

The Creativity and Innovation Award recognizes members of the NACDEP who have developed an outstanding program that integrates innovation and creativity in a Community Development program that shows demonstrated effectiveness.

The purpose of B2H is to improve teens' and older adults' resilience and health through shared mentoring. Teen and older adult mentors collaborate to identify community needs and assets and respond jointly. The intergenerational approach recognizes members' commonalities, unique strengths, and the influence of close, trusting relationships.



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