



BOOK 38
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AMHERST COUNTY
BOARD OF SUPERVISORS

Board of Supervisors

Tom Martin, Chair
District 1
L.J. Ayers III, Vice-Chair
District 3
Claudia Tucker, Supervisor
District 2
Drew Wade, Supervisor
District 5
David W. Pugh, Jr., Supervisor
District 4

MINUTES

February 7, 2023
Administration Building - 153 Washington
Street - Public Meeting Room
Amherst, Virginia 24521
Meeting Convened - 3:00 PM

County Administrator
Jeremy Bryant, Interim

County Attorney
Mark Popovich

I. Call to Order

At a regular meeting of the Amherst County Board of Supervisors held on February 7, 2023 at 3:00 p.m., the following members were present:

BOARD OF SUPERVISORS:

Tom Martin, Chairman
L. J. Ayers III, Vice-Chair
Claudia D. Tucker, Supervisor
Drew Wade, Supervisor
David W. Pugh, Jr., Supervisor

ABSENT: None

STAFF:

Jeremy S. Bryant, Interim County Administrator
David R. Proffitt, Deputy County Administrator
Mike Lockaby, County Attorney
Kristen Freeman, Clerk

Chairman Martin called the meeting to order at 3:03 p.m.

NOTE: All Board of Supervisors meetings are now being streamed live on Facebook and on YouTube.

II. Approval of Agenda

By motion of Supervisor Wade and with the following vote, the Board approved the agenda with the amendment of removing Section V. and Item A. Ordinance 2023-1 Public Water/Sewer Extension Area.

AYE: Mr. Martin, Mr. Ayers, Mrs. Tucker, Mr. Wade and Mr. Pugh

NAY: None

ABSENT: None

III. Invocation and Pledge of Allegiance

Supervisor Tucker led the Invocation and Pledge of Allegiance.

IV. Citizen Comment

Michael Bryant addressed the Board regarding Personal Property Taxes. He explained to the Board that he has been calling other counties and he stated that they are reducing Personal Property Taxes and asked that Amherst County do the same.

V. Ordinance - First Read

A. Ordinance 2023-1 Public Water / Sewer Extension Area
Item removed from the Agenda.

B. Ordinance 2023-2 - Transient Occupancy Tax Ordinance
By motion of Vice-Chair Ayers and with the following vote, the Board directed staff to advertise Ordinance 2023-2 for a public hearing on February 21, 2023.

AYE: Mr. Martin, Mr. Ayers, Mrs. Tucker, Mr. Wade and Mr. Pugh

NAY: None

ABSENT: None

VI. Consent Agenda

By motion of Supervisor Wade and with the following vote, the Board approved the Consent Agenda for February 7, 2023.

AYE: Mr. Martin, Mr. Ayers, Mrs. Tucker, Mr. Wade and Mr. Pugh

NAY: None

ABSENT: None

A. Minutes - January 17, 2023 Supplemental Prioritization Workshop
It was moved that the Board adopt the minutes of the January 17, 2023, Supplemental Prioritization Workshop.

B. Minutes - January 17, 2023
It was moved that the Board adopt the minutes of January 17, 2023.

C. Appropriation for Court Clerk Telecommunications
It was moved that the Board appropriate \$2,029.90 from the general fund unobligated fund balance as described.

D. Appropriation for County Administrator Contract Payout
It was moved that the Board appropriate \$84,000 from the Unobligated General Fund Balance to cover the County Administrator's payout.

E. Appropriation of Revenue - Sheriff's Office
It was moved that the Board approve the appropriation of funds as described.

F. Resolution 2023-1-R, VJCCCA
It was moved that the Board adopt Resolution 2023-1-R as presented.

G. Commonwealth Attorney Carryforward

It was moved that the Board appropriate \$9,954.95 from the Unobligated General Fund Balance for the Commonwealth Attorney carryforward request.

VII. Special Presentation

A. Horizon Behavioral Health - Annual Report

Melissa Lucy, Chief Executive Officer with Horizon Behavioral Health, presented the Board with an annual report. (SEE ATTACHMENT 1)

B. Raw Water Intake Project - Davenport

R.T. Taylor with Davenport presented a report to the Board regarding funding for the Raw Water Intake Project.

By motion of Supervisor Wade and with the following vote, the Board adopted and executed Resolution 2023-4-R and the Support Agreement with Amherst County Service Authority for the financing of ACSA's James River Raw Water Intake Project.

AYE: Mr. Martin, Mr. Ayers, Mrs. Tucker, Mr. Wade and Mr. Pugh

NAY: None

ABSENT: None

VIII. New Business

A. Resolution 2023-2-R, Earl Nicholson Bridge

By motion of Supervisor Wade and with the following vote, the Board adopted Resolution 2023-2-R as presented.

AYE: Mr. Martin, Mr. Ayers, Mrs. Tucker, Mr. Wade and Mr. Pugh

NAY: None

ABSENT: None

IX. County Administrator's Report

A. Boards/Commissions/Committees - EDA Vacancy - At-Large

By motion of Supervisor Tucker and with the following vote, the Board appointed Paul Kilgore to serve a four-year term on the EDA Board.

AYE: Mr. Martin, Mr. Ayers, Mrs. Tucker, Mr. Wade and Mr. Pugh

NAY: None

ABSENT: None

B. Project Status Report

For the Boards information.

X. County Attorney's Report

The County Attorney had no matter to discuss.

XI. Liaison and Committee Reports

A. Planning Commission - David Pugh

Supervisor Pugh stated the Planning Commission had a meeting on January 19, 2023. He said there was a Special Exception for a short term tourist rental that passed and will be brought to the Board of Supervisors for a public hearing at their next meeting. He also explained a proposed code change to the Mixed-use Traditional Neighborhood, MU-TMD regulations, that will come before the Board in the future.

B. Parks, Recreation & Cultural Development Board- Tom Martin

Chairman Martin stated that on February 16, 2023 Recreation and Tourism will host their annual open house at the Monroe Community Center and all are invited.

XII. Departmental Report

A. Treasurer's Report for Quarter Ending December 31, 2022

For Information Only.

B. General Fund Availability Report

For Information Only.

C. Budget Status Report as of December 31, 2022

For Information Only.

XIII. Citizen Comment

There was no public comment.

XIV. Matters from Members of the Board of Supervisors

Chair Martin asked staff for an update on the Rt. 29/151 intersection.

Vice-Chair Ayers reported that he is getting complaints regarding the gates at the Coolwell Convenience Center about the gates and lack of visibility; he asked that Public Works Director Brian Thacker look into that.

Supervisor Tucker wanted to thank Jeremy Bryant and the staff at Public Works for trimming the bushes back by Amherst Presbyterian Church.

Supervisor Wade had no matter to discuss.

Supervisor Pugh mentioned that he had received complaints from the owner of Petes Body Shop in Madison Heights regarding mud and dirt getting on his property from the neighboring property where construction is taking place for the Monocan Indian Community Center.

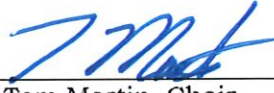
XV. Adjournment

By motion of Vice-Chair Ayers and with the following vote, the Board adjourned at 3:33 pm.

AYE: Mr. Martin, Mr. Ayers, Mrs. Tucker, Mr. Wade and Mr. Pugh

NAY: None

ABSENT: None



Tom Martin, Chair
Amherst County Board of Supervisors



Jeremy Bryant Interim County Administrator



HORIZON

Providing Quality Care, Across The Lifespan.

Presented by Melissa Lucy
Chief Executive Officer
Horizon Behavioral Health



www.horizonbh.org





OUR VISION

To provide behavioral healthcare services that are accessible, consumer centered, cost effective, and outcome-based.

OUR MISSION

To support and promote the health, independence and self-worth of individuals and families in Central Virginia by providing a continuum of community-based treatment, prevention, early intervention, and aftercare services for persons affected by mental health, intellectual disabilities, substance use and co-occurring disorders.

PORTFOLIO OF SERVICES

Case Management | Emergency
Housing | Outpatient | Prevention
Primary Care | Psychiatric | School Based

HORIZON'S BOARD OF DIRECTORS

Consists of 11 members representing 5 localities in Central Virginia:
Amherst, Appomattox, Bedford, Campbell, and Lynchburg.



MISSIONS



Horizon's Impact on Hospital Readmission



HORIZON PROGRAMS WITH **DIRECT** IMPACT

- Crisis Intervention
- Crisis Stabilization
- Emergency Services
- Intensive In-Home
- On-Site Pharmacies
- Program of Assertive Community Treatment (PACT)
- Regional Partnerships

HORIZON PROGRAMS WITH **INDIRECT** IMPACT

- Case Management
- On-Site Primary Care Provision
- Same-Day Assessments

EVIDENCE BASED PROGRAMS

- Acceptance and Commitment Therapy
- Adolescent Community Reinforcement Approach/ Assertive Continuing Care
- Anger Management: Keeping Your Cool
- Attachment-Based Family Therapy
- Autism Diagnostic Observation Schedule
- Bridges Out of Poverty
- Cognitive Behavior Mental Health Therapy
- Cognitive Behavioral Therapy (CBT)
- Counter Tools Merchant Education
- Dialectical Behavior Therapy

- Eye Movement Desensitization and Reprocessing (EMDR)
- Hidden in Plain Sight
- Illness Management & Recovery (IMR)
- Lions Quest: Positive Life Skills
- Motivational Enhancement Therapy
- Multi Systemic Therapy (MST)
- Parents As Teachers Program
- Promoting Alternative Thinking Strategies (PATHS)
- Too Good For Drugs
- Trauma Focused Cognitive Behavioral Therapy



FY22 KEY PREVENTION INITIATIVES

PRESCRIPTION DRUG COLLECTION

635.9 lbs.

Collected in
partnership with
local law
enforcement.

LOCK & TALK

155

Medication Lock
Boxes Distributed

649

Med. Disposal Bags

156

Gun Trigger & Cable
Locks

UNDERSTANDING ADVERSE CHILDHOOD EXPERIENCES (ACES) TRAINING

284

Residents trained to
identify, understand,
and respond to
ACEs.

REVIVE OPIOID OVERDOSE RESPONSE

209

Residents trained in
emergency response
with life-saving
Naloxone.



FY 2022 OUTCOMES

CLIENTS SERVED

11,705 Total Clients Served
8,377 Adults Served
3,328 Children Served
8,637 Enrolled in Treatment
6,876 Engaged with Prevention
175 Residents Tested for HIV
163 Residents Tested for HEP-C

SERVICE TYPES

49,208 telehealth appointments provided to accommodate client preferences using virtual meeting technology, removing major barriers to access for many clients.

56,000 in-person appointments provided for a total of
106,030 appointments provided in fiscal year 2022.

NEW RECOVERY RESIDENCE!



BEDFORD, VA

This private, retreat-style residence is now home to clients in Horizon's Women's Recovery Residence.

NEW PHARMACY!



BEDFORD, VA

Now exclusively serving clients in Horizon's Office Based Addiction Treatment (OBAT) Program.

NEW TREATMENT CENTER!



LYNCHBURG, VA

Now exclusively serving clients in Horizon's Office Based Addiction Treatment (OBAT) Program.

NEW WELLNESS CENTER!



LYNCHBURG, VA

Now exclusively serving Pregnant and post-partum women enrolled in Horizon's Project Link Program.

FY 2022 OUTCOMES

CASE MANAGEMENT

99% of Intellectual/Developmental Disability Case Management clients were discharged successfully.

96% of clients showed improvement at time of discharge from Mental Health Case Management Services.

OUTPATIENT

95% of clients showed improvement at time of discharge from Mental Health Outpatient Services.

95% of clients showed improvement at time of discharge from Substance Use Outpatient Services.

287 Clients enrolled in Intensive Outpatient Services.

EMERGENCY & FORENSIC SERVICES

100% of children in a psychiatric emergency seen within 2 hours.

100% of children received a follow-up within 7 days.

PSYCHIATRIC

96% Clients identified with a Body Mass Index (BMI) outside of the normal range were provided with a BMI follow-up plan.

98% Clients successfully discharged from Psychiatric Nursing Services.

SCHOOL BASED

217 Students received School Based Mental Health Case Management.

475 Students received School Based Mental Health Outpatient Services.

4 out of 5 Successful discharges from School Based Mental Health Case Management and/or Outpatient Programs.





OUR MOST RECENT CONSUMER
SATISFACTION SURVEY INDICATES
THAT

95%

OF CONSUMERS SURVEYED
FELT THEY HAD MADE
PROGRESS WITH THE ISSUES
THAT LED THEM TO SEEK
CARE.

94%

OF CONSUMERS SURVEYED
WERE **SATISFIED** WITH THE
SERVICES THAT THEY
RECEIVED FROM HORIZON.

FY 2022 OUTCOMES

INTENSIVE TREATMENT PROGRAMS

WOMEN'S RECOVERY RESIDENCE

[A comprehensive, intensive addiction treatment program with an 8 bed capacity.

91% of clients served showed improvement at time of discharge.



MULTISYSTEMIC THERAPY (MST)

100% of youth with improved family relations.

95% of youth living at home and in school or working.

100% of youth with no new arrests.



OFFICE BASED ADDICTION TREATMENT (OBAT)

[An intensive addiction treatment program recently expanded it's capacity by 50%, serving up to 60 clients at one time.

100% of clients admitted to program without being wait-listed.





KEY CLINICAL INITIATIVES IN AMHERST

HEALTH RESOURCES AND SERVICES ADMINISTRATION (HRSA) GRANT

OBJECTIVES

- \$800,000 provided through a Federal Health Grant to establish extended outreach and treatment in rural, Central Virginia.
- Utilization of Evidence Based Illness Management and Recovery (IMR) Treatment Model.
- Four-year grant slotted to serve 150 clients in Amherst and Bedford Counties to address rural health disparities in Central Virginia.
- Eligibility: individuals 18+ years, have a serious mental illness diagnosis and are a resident of Amherst or Bedford County.

OUTCOMES

- 30 grant partners trained in Substance Abuse and Mental Health Services Administration's (SAMHSA) Illness Management and Recovery (IMR) Model.
- 68 individuals enrolled in program to date.
 - Grant Cycle Year 1: 43 individuals.
 - Grant Cycle Year 2 (in progress): 25 individuals.
- 88% avoided psychiatric hospitalization.
- 82% increased coping skills.
- 54 of 68 are taking psychotropic medication as directed.
- 52 of 68 have improved social connectedness.

"This has been a truly valuable experience... This is truly an example of what a community partnership should look like."

- Community Partner Trained in IMR Model



KEY CLINICAL INITIATIVES IN AMHERST

ON CAMPUS SERVICES AT SWEET BRIAR COLLEGE

CLINICAL SERVICES

148 total students served in the 21-22 academic school year.

82 students utilized the on campus, walk-in clinic.

1,130 appointments provided to students.

19% increase in the number of students served compared to the last academic school year.



STUDENT ENGAGEMENT

- Provided resources and information to students and families at Resource Fair.
- 'Your Mental Health Matters' QR code stickers distributed on campus.
- Quarterly social media posts shared via Student Life Instagram page.
- 'Meet Our Horizon Team' brochures distributed to students.

"Horizon has been helpful to me because it has given me the tools [that] I need to better manage my anxiety during difficult life events and times of transition. My therapists at Horizon have always been thoughtful and attentive to what I need to reach my mental health goals so that I could achieve what I set out to do in college. With that being said, my college experience wouldn't have been complete without the professionals at Horizon who have taught me that my mental health is the most important aspect of my happiness and success in life."

- Sweet Briar Student, Horizon Client



KEY CLINICAL INITIATIVES IN AMHERST

AMHERST COUNTY ADULT DETENTION CENTER

- Program established in 2009.
- Horizon provides counseling services to inmates at the Amherst County Adult Detention Center on a weekly basis.
 - **100% of individuals connected with Horizon services in the jail are screened for eligibility and referred to appropriate services post-discharge.**
- Upon release from jail, clients are offered transitional case management services and additional support to help them establish a residence, employment and other basic needs immediately following their release.
 - **95% of clients with identified needs are linked to post-release services prior to release from jail or detention.***

"Our clients appreciate the tailored services that Horizon clinicians provide, as they are guided through the process of setting up appointments as they approach their release dates and learn about the resources that are available to them.

Patients' worries are put at ease because they are more prepared and know what to expect once they return to the community. We have had many patients express gratitude for the services that Horizon provides and appreciate the partnership we have had with Horizon over the years."

- Ann B. Iñiguez, MA, MBA, CCHP, Corporate Mental Health Director, MEDIKO, Inc.

*Months significantly affected by jail/detention center closures due to COVID-19 were excluded from annual average.



WHAT'S NEXT ON THE HORIZON

PSYCHOSOCIAL
REHABILITATION
GRANT

CRISIS
RECEIVING
CENTER

LYNCHBURG
BEHAVIORAL
HEALTH
DOCKET



Follow Us On Social Media

Horizon is dedicated to building safe and healthy communities
in person and online.



Melissa Lucy, CEO

Horizon Behavioral Health

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