



Sweet Briar College Athletics



2016 Amherst Community Lap Swimming and Indoor Track Program

The Sweet Briar College athletics department will be opening the Fitness and Athletics Center pool and track to Amherst County residents 16 years of age and older to enjoy the benefits of lap swimming and indoor walking/running.

Hours are as follows:

Sept. 19, 2016 - Jan 13, 2017:

Indoor track:

Monday-Thursday: 7 a.m. - 9 p.m. | **Friday:** 7 a.m. - 8 p.m.

Pool Lap Swimming:

Monday and Wednesday: 12 p.m. - 1 p.m., 4:30 p.m. - 5:30 p.m., and 7 p.m. - 8:30 p.m.

Tuesday and Thursday: 12 p.m. - 1 p.m. and 7 p.m. - 8:30 p.m.

Friday: 12 p.m. - 1 p.m. and 2:30 p.m. - 3:30 p.m.

Hours can also be found at vixenathletics.com/facilities/Building_Hours

Please note that if there is inclement weather the track will be closed from 4-7 p.m. M-Th and 2-6 p.m. on Fridays.

Hours are also subject to change during exam and holiday periods. Please check website for updates.

Rates:

\$150 per person

\$225 per couple or family of four.

Payment is due when application is submitted.

Contact Blaise Whittle, Sweet Briar Director of Athletics Facilities, with any questions: bwhittle@sbc.edu or 381-6305

